



Referral Support Service Gateway & e-RS Booking Help Guide July 2026

Please note, only this online version will be maintained moving forward



- Updated for version 1.5

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Useful Contacts & links

Referral Support Service

0300 303 8676 or hnyicb-voy.rsservice@nhs.net
mailto:hnyicb.voy.rsservice@nhs.net Where to refer
Gateway & e-RS booking guide

e-Referral Service

Referrer homepage - [Select your login method](#)
Support website - [Referrers - NHS England Digital](#)

York & Scarborough Trust

For referral issues or Directory of Service enquiries please contact yhs-tr.e-referralsteam@nhs.net or
the Clinic Managers on 01904 721926.
For appointment queries - Contact Centre number: 01904 726400

Accenda / Gateway

Helpdesk: support@accenda.co.uk / 0161 274 9730
[Build & Book Gateway training video](#)



Urgent Suspected Cancer

USC Brain (pre shortlisted) for Hull

There is no USC Brain Cancer Service at York & Scarborough Teaching Hospitals. The nearest service providers are Leeds Teaching Hospitals NHS Trust (0113 2432 799) or Hull and East Yorkshire Hospitals NHS Trusts (01482 875 875). Please ensure a USC Brain referral proforma is completed (**Hull only**) and attached to allow onward referral to secondary care.

- The required USC referral proforma for Hull can be located here [ERS Referral Forms | Hull University Teaching Hospitals NHS Trust \(hey.nhs.uk\)](#)

Book into the following clinic on e-RS ([USC Brain Neurology- Hull University Teaching Hospitals](#))

- Guidance on how to refer to **Leeds** can be located here [Brain Tumours \(leedsth.nhs.uk\)](#)

USC Cancer of Unknown Primary – (pre shortlisted) for York Hospital

- Complete USC pathway questionnaire on pathway page
 - **Conditions treated:** Patients with preliminary investigations suggestive of a diagnosis of metastatic or disseminated malignancy when there is no clinical or radiological clue to the primary source.
 - Service available at York Hospital only
 - Clinic on e-RS to book into: [*USC* Malignancy of Unknown Origin \(MUO\) \(York\) - York & Scarborough Hospitals – \(Direct Booking available\)](#)

USC Lower GI

- Complete USC pathway questionnaire on pathway page

Consider referring patient with [unexplained](#) persistent rectal bleeding and a FIT <10 via an urgent colorectal pathway where available.

Please Note: FIT should be offered even if the person has previously had a normal FIT result through the NHS bowel cancer screening programme.

Please note that a FIT result enables patients to be prioritised to the correct service and enhances patient care to the right test at the right time. Please refer with a FIT result where possible.

Please note: If your patient is symptomatic (regardless of age) and FIT is below threshold (<10) then options to consider are:

- Consider referral on an urgent colorectal pathway or other cancer pathways including Non-Specific Symptoms (NSS) where they are available
- Consider advice and guidance
- Faecal calprotectin pathway. For patients under 60yr old, Faecal calprotectin is more appropriate for Change in Bowel Habit – if > 250 make an urgent or non-urgent referral or use A+G as per local trust/primary care policy
- Negative FIT=CRC risk <1% if normal examination and no weight loss or IDA

[Download full HNY Cancer Alliance Guidance here](#)



- (FIT not required for Rectal Mass, Anal Mass, Anal Ulceration and Patient unable to complete Fit Test)
- Please see Gateway or [Here](#) for criteria information
- York Hospital, Harrogate Hospital, Leeds LGI, Scarborough Hospital, Bridlington Hospital – All RAS clinics

USC Lung - (pre shortlisted) for York or Scarborough Hospital

- Complete USC pathway questionnaire on pathway page
 - Service available at York or Scarborough Hospital – All RAS clinics

USC Gynaecology (York and Scarborough Hospital only – RAS clinics) - (pre shortlisted)

- Complete USC pathway questionnaire

For patients presenting with PMB in primary care, after excluding lower genital tract disease the main change will be to simultaneously:

- **Make referral to Fast Track Gynaecology 2WW PMB (Urgent suspected Cancer Pathway)**

AND

- **Make referral/request for Fast Track 2WW Pelvic Ultrasound at York & Scarborough Teaching Hospitals (MARKING IT AS Fast track/2WW PMB in the request)**

The referral and Pelvic USS outcomes will then be triaged by the hospital team and the onward care of the patient determined appropriate to their history and Pelvic USS outcome, please see attached guidance and flow charts for more information.

- Complete USC pathway questionnaire
 - USC Hysteroscopy clinic
 - All patients who have had abnormal USS features (thickened endometrium or suspicion of pathology on USS).
 - Patients with recurrent PMB
 - Patients with PMB who are on tamoxifen
- **Exclusions:**
 - Patients who have not had an ultrasound (apart from recurrent bleeds or patients on tamoxifen).
 - Patients with PMB, apart from the two high risk groups (recurrent bleeds and patients on tamoxifen) are to be referred directly for an URGENT Ultrasound. Any abnormal USS features can then be referred into this service.

USC Gynaecology Clinic

- Lesion Suspicious of cancer of vagina on speculum examination
- Lesion Suspicious of Cancer of Vulva
- Suspicious pelvic mass found on ultrasound (must have serum Ca125 and USS report)
- **Exclusions:**
 - Pelvic Mass who have not had USS
 - Patients under 16 years



USC Head and Neck

This pathway covers ENT and Oral & Maxillofacial Lesions are covered under the **USC skin pathway**.

- Complete USC pathway questionnaire.

USC ENT for [Scarborough/Bridlington Hospital](#) are all booked into the general service as no separate clinic types. ([Direct Booking available](#))

York Hospital has separate clinics to book into see below:

USC ENT Voice Clinic– ([Direct Booking available](#))

- Unexplained and persisting hoarseness for > 6 weeks (lung cancer excluded)

USC ENT Clinic– ([Direct Booking available](#))

- High/cervical dysphagia persisting >3 weeks
- Nasal obstruction

USC ENT Neck lump and Thyroid service Clinic ([Direct Booking available](#))

- Unexplained and persistent lump/mass in neck
- Thyroid Lump where scan has shown suspicious features (please include scan report)

USC Head and Neck (Max fax) - [York Hospital, Scarborough Hospital,](#)

- Unexplained ulceration in oral cavity or vermillion of lip for >3 weeks
- Unexplained swelling/ lump in oral cavity or vermillion of lip
- Red or red and white patches of oral mucosa
- Unexplained and persistent lump / mass in neck (not thyroid)

USC Sarcoma*- ([pre shortlisted](#))

Website with more information on how to process referral : [Suspected sarcoma-soft tissue / sarcoma-bone - North Yorkshire and York - HNY Policy and Pathway Repository](#)

Referrals to both Bone & Soft Tissue Sarcoma services should be done directly by Radiology. However, if these are received can be processed,

Birmingham Suspected Sarcoma – bone clinic

- No proforma
- Attach scan result.

[The Royal Orthopaedic Hospital Birmingham](#) - 2WW - Sarcoma Service - 2WW, The Royal Orthopaedic Hospital

Leeds Suspected Soft tissue clinic.

- please complete the proforma which can be found on the DoS under Administrative requirements
- Scan results

[St James University Hospital](#) - Suspected Soft Tissue Sarcoma - USC - Leeds TH (St James's Hospital) - RR8



USC Upper GI_ (pre shortlisted)

- Please complete USC pathway questionnaire on pathway page
- See table below on which option is booked into which clinic

Condition Details		1st Investigation	eRS Service
	Dysphagia	Straight to test OGD will be arranged	*USC* Upper GI Straight to Test Service (York or Scarborough)
	Age ≥55 with weight loss and upper abdominal pain		
	Age ≥55 with weight loss and reflux		
	Age ≥55 with weight loss and dyspepsia		
	Upper abdominal mass (suspected oesophago-gastric aetiology)	Outpatient appointment will be arranged (please attach copies of the radiology reports)	*USC* Upper GI & Pancreatic Triage Service (York or Scarborough)
	Suspected oesophago-gastric cancer found on imaging		
	Suspected primary liver cancer found on imaging		
	Suspected gall bladder cancer found on imaging		
	Suspected pancreatic cancer found on imaging	Outpatient appointment and CT scan will be arranged	*USC* Upper GI & Pancreatic Triage Service (York or Scarborough)
	Age ≥40 with jaundice (otherwise well)		
If the patient is unwell and has painful jaundice admit to General Surgery by contacting the Consultant on Call via the Hospital switchboard. If the patient is age ≥60 with iron deficiency anaemia (confirmed by haemoglobin and ferritin levels) please refer to USC Lower GI / Colorectal.			

USC Urology_ (Malton Community Hospital)

Malton Community Hospital serves as the primary one-stop clinic for patients in the York and Scarborough areas. The initial appointment will take place there, where the patient should expect to attend for several hours to complete any required tests and receive results on the same day. Any subsequent follow-up appointments may be scheduled at either York Hospital or Scarborough Hospital. (All RAS clinics)

- Complete pathway questionnaire on pathway page
- Service available at Malton Community Hospital (NOT York/Scarborough Hospital)

USC Haematuria

- All Haematuria
- Unexplained visible haematuria (adult over 45) where a UTI has been excluded or persists or recurs after treatment of UTI
- Non-visible haematuria (aged 60 or over) AND either dysuria or raised white cell count on a blood test
- **Exclusions:**
 - Patients under 45 years with visible haematuria.
 - Consider non-2WW Haematuria referral for everyone else outside of these age criteria. (Patients under 40 years with visible Haematuria, exclude or treat UTI).



USC PSA

- PSA over 10ng/ml (after exclusion of UTI) on one occasion in a man with a ten-year life expectancy Clinically malignant-feeling prostate on digital rectal examination (age under 80 yr). **Requires PSA result attached**
- PSA above age-specific reference range, but below 10ng/ml in a man with a likely ten-year life expectancy (after exclusion of UTI) **Requires two PSA levels and Dates no less than 6 weeks apart.**

USC Urology

- Elevated age specific PSA (age under 80 years),
- Clinical malignant-feeling prostate on rectal digital examination (age under 80 years),
- PSA value over 20ng/mL (any age, after exclusion of UTI).
- Renal mass evident on clinical examination or imaging, solid bladder mass on imaging,
- Solid swelling in the body of the testis, penile mass or ulceration where STD has been treated or excluded.

USC Breast (& Malignant Lymph Node)*

This service covers three different clinics.

- ☐ Suspected Breast Cancer or Suspected Malignant Lymph Nodes In Patients with Previous Breast Cancer
- ☐ Suspected Malignant Lymph Node
- ☐ Suspected Malignant Lymph Nodes Above Clavicle

Complete the USC questionnaire selecting relevant option above.

Suspected Breast Cancer or Suspected Malignant Lymph Nodes in Patients with previous Breast Cancer

- **Conditions treated:**
 - Women aged 30 or over with a discrete lump in the breast.
 - Patients with breast signs or symptoms which are highly suggestive of cancer. These include:
 - *Ulceration
 - *Skin nodule
 - *Skin distortion
 - *Nipple eczema
 - *Recent nipple Retraction or distortion (< 3 months)
 - *Unilateral nipple discharge which stains clothes
 -

Male aged 50+ with unilateral firm sub-areolar mass with/without nipple distortion or associated skin changes.

Available hospital include:

York Hospital - *USC* Breast (York) Triage Service - York & Scarborough Hospitals
Harrogate Hospital
St James University Hospital
Castle Hill Hospital



Suspected Malignant Lymph Nodes* (pre shortlisted)

- **Conditions treated:**
 - Clinically Suspicious nodes below the clavicle (i.e. suspicion of malignancy)

To book this into the correct clinic gateway will prompt the following:

In order to process this patient to the correct service on eRS, the pathway requires changing to 2WW - Cancer of Unknown Primary at the Gateway booking stage. Are you happy for this change to be made?

Please answer **Yes** this will then change the clinic at the booking stage to show the relevant clinic to be booked into. **York Hospital - *USC* Suspected Malignant Lymph Node (York) Triage Service - York & Scarborough Hospitals**

Suspected Malignant Lymph Nodes above clavicle (pre shortlisted)

Gateway will prompt the following question:

For Suspected Malignant Lymph Nodes above clavicle, the pathway requires changing to 2WW - Head and Neck. Proceed with this change?

By selecting **Yes** this will automatically change the referral type to the USC Head and neck and you can continue completing the questionnaire and at the booking page it will show correct clinic to book into.

- From the referral options select 'unexplained and persistent lump/ mass in neck'
York Hospital (ENT neck lump), Scarborough Hospital (ENT), Bridlington Hospital (ENT)



Urgent & Routine first outpatient pathways

Allergy RAS Clinic

There is currently no local Allergy service available. Patients aged 16 years and over may be referred to Castle Hill Hospital.

Patients can also be referred to St James's Hospital in Leeds, which provides comprehensive assessment and management for all clinical immunological and allergic disorders.

For further details, please refer to the [Immunology](#) section of this guide.

Cardiology

There are no Specific requirements for the following clinic types listed below.

Arrhythmia

Hypertension

Ischaemic Heart Disease

Valve Disorders

All may be booked into the General Cardiology services at the following locations: [York Hospital](#), [Malton Community Hospital](#), [Scarborough Hospital](#), [Bridlington Hospital](#)- all RAS clinics

Not Otherwise Specified

For patients requiring an 24/48 hour tape only if don't meet criteria for [Palpitations](#) or murmur clinic please send request via this clinic type.

Heart Failure – (pre shortlisted) [Suspected heart failure - York - HNY Policy and Pathway Repository](#)

[York Hospital only](#)

- Complete Integrated Pathway Questionnaire on Gateway
 - Requires ECG and BNP result attached
 - If BNP over 2000 urgent referral required (can still send as urgent if BNP below if GP concerned)
- No proforma needed for Scarborough registered patients unless patient wishes to be seen at York Hospital then attach York proforma as an attachment (If no proforma they can still be sent to general cardiology – Scarborough, Bridlington and Malton hospitals)
- [Can be booked direct to RAS clinic without contacting patient](#)

Rapid Access Chest Pain – (pre shortlisted)

- Urgent pathway only
- Complete Integrated questionnaire on Gateway
 - Requires ECG to be less than 4 weeks old
 - Patient's aged 30+
 - If <30, please submit an A&G via e-RS for further consideration. If agreement to see patient is obtained, please refer via Gateway as normal and de-select age restrictions on Gateway booking screen
- [York Hospital, Scarborough Hospital, Bridlington Hospital – All RAS clinics](#)
- For Leeds border patients, a Leeds Teaching Hospital proforma is required



Congenital Heart Disease

There is no service provided by York & Scarborough Teaching Hospitals NHS Foundation Trust for this condition. Please be aware that the system may display general local clinics, but these do not manage this specific issue.

- Available services include [Castle Hill Hospital \(Hull\)](#) or [Leeds General Infirmary \(Both RAS clinics\)](#)

Cardiology Genetics

There is no service provided by York & Scarborough Teaching Hospitals NHS Foundation Trust for this condition. Please be aware that the system may display general local clinics, but these do not manage this specific issue.

- Available services include LGI (*Inherited Cardiac Conditions service*) ([RAS Clinic](#))

Lipid

There is currently no service available, see [Endocrinology](#) for this pathway

Children's and Adolescent Services

Please note that age eligibility for Child Health clinics can vary by provider. Some clinics may only accept patients up to 12 years old, while others may accommodate individuals up to 15 or even 19 years old. If a specific clinic does not appear in your search, please verify the age criteria listed in the Directory of Services (DoS) on the e-Referral Service (e-RS).

In cases where a provider does not offer a dedicated Child Health clinic, the adult clinic may accept patients of all ages. Referrals should initially be created under the "Children's and Adolescent Services" category. At the booking stage, you can modify the specialty or clinic (located at the bottom of the page) to display the adult clinic, if appropriate. Please refer to the guidance below for detailed instructions on this process.

Allergy (Children's and Adolescent Services)

- [York Hospital](#) (age 18years and under), [Harrogate Hospital](#) (1 month to 15 years inclusive)
- For [Scarborough Hospital](#) (15 years and under) and [The James Cook](#) (15 years and under) – change the clinic type to **Other Medical** to bring up the general clinic to book into.
- **Conditions treated:** Patients presenting with a history of an acute systemic allergic reaction (anaphylaxis) or severe delayed allergic reaction. Patient has suspected IgE-mediated food allergy and concurrent asthma. Patient has significant atopic eczema where food allergies are suspected by parent or carer. Clinical suspicion of multiple food allergies. Patient has allergic rhinitis not responsive to regular antihistamines and steroid nasal spray (see BSACI guidelines). Patients presenting with more than one antibiotic allergy. Patients with a history of chronic urticaria or idiopathic anaphylaxis. Patients with primary lactose intolerance if older than 5 years of age. Patients with possible latex allergy.
- **Exclusions:** • Suspected allergy to topical agents – refer to dermatology for patch-testing • Delayed (non-IgE) cow's milk allergy – see iMAP guidelines - refer to dietician • Allergic rhinitis – responsive to oral antihistamines +/- steroid nasal spray • Family history of allergy – unless specific concerns • Eczema with no obvious relationship to common allergens (e.g. milk, egg)



Audiology (Children's and Adolescent Services)

York Hospital, Malton Community hospital, Selby War Memorial Hospital, Scarborough Hospital

- There are separate clinics depending on the age of the patient. (3 years –17 years inclusive or Under 3 years.)
- **Sunflower clinic – York hospital (12month to 17years inclusive)**
 - **Conditions treated:** Hearing assessment prior to referral to ENT Advice with regard to Otitis Media with effusion (Glue Ear) Hearing assessment as the child has delayed language and displaying other signs of ASD Hearing assessment as the child isn't responding, possible Autistic spectrum disorder (ASD) Hearing assessment- Very difficult to test children that may require a more bespoke appointment

Other available providers:

Harrogate Hospital (1year to 16 years inclusive.)

Seacroft Leeds (15 years and under)

Cardiology (pre shortlisted) (Children's and Adolescent Services)

York Hospital (15 years and under)

- **Conditions treated:** Murmurs Cyanosis Chest pain Palpitations Syncope or dizziness Screening because of family history of congenital heart defect, cardiomyopathy or other syndromes Kawasaki disease
- **Exclusions:** Patients from 16 years of age- please refer to Adult Cardiology service

Scarborough Hospital (15 years and under)

- **Conditions treated:** Specialised paediatric cardiology service, appropriate for the following cardiological conditions: General paediatric cardiology Congenital heart disease Heart murmurs Cyanosis Chest pain Palpitations Syncope Close family history of inherited cardiomyopathy/arrhythmia (e.g. long QT syndrome) Symptoms of cardiac failure Pulmonary hypertension Recognised routine screening for Down's Turner's, DMD Syndromes with known cardiac association plus positive clinical findings Acute life threatening events Family history of sudden death
- **Exclusions:** Non-cardiology patients, Patients aged 16 or over

Leeds General Infirmary (Tertiary) - (Age 15 years and under)

- **Conditions treated:** •Previously Identified Congenital Heart Disease. • 1st Degree relative with inherited Cardiac conditions • Confirmed abnormal heart rhythm • Confirmation of signs & symptoms highly suggestive of underlying heart problem.
- **Exclusions:** • Please refer to the General Paediatric Medicine Clinic for the following: Syncope, Faints, Murmur, Palpitations

Dentistry Orthodontics (Children's and Adolescent Services)

There is no service provided by York & Scarborough Teaching Hospitals NHS Foundation Trust for this condition.



Endocrinology (pre shortlisted) (Children's and Adolescent Services)

This clinic type does not currently have a dedicated local service. Appointments are instead scheduled through the general paediatric clinics that show.

York Hospital (18 years and under)

Selby War Memorial Hospital (16 years and under)

Malton Community Hospital (15 years and under)

Scarborough Hospital (15 years and under)

Harrogate Hospital (15 years and under)

- **Conditions treated:** Thyroid disease, Hypo/hyperthyroidism, Subclinical thyroid disease, Goitre, Adrenal disease, Addisons, Cushings, Congenital Adrenal Hyperplasia, Pituitary disorders, Hypopituitarism, Electrolyte imbalance, e.g. sodium, potassium Hirsutism Gynaecological endocrinology, Primary/secondary amenorrhoea, Turners syndrome, Metabolic bone disease, Hyperparathyroidism, Calcium metabolism
- disorders, Hyper/hypocalcaemia, Hypoglycaemia, Hypogonadism Gynaecomastia, Other endocrinopathies e.g. multiple endocrine neoplasia, carcinoid

Gynaecology (Children's and Adolescent Services)

As there is no local children's gynaecology clinic for this speciality, to access local services edit speciality and clinic type in the booking page to **Gynaecology / Not Otherwise Specified** to bring up the Adult all age clinics. Alternatively edit clinic type to **Other medical** to be triaged by General paediatrics.

York Hospital (All Ages)

Selby War Memorial Hospital - (12 years and over)

Malton Community Hospital - (12 years and over)

Other available providers which provide a children's gynaecology clinic are:

Harrogate Hospital (2 years to 16 years inclusive)

- **Conditions treated:** Vulval disorders, menstrual disorders, ovarian cyst, primary/secondary Amenorrhoea

Leeds Seacroft (15 years and under), Leeds General (16 years and under)

- **Conditions treated:** This is a specialist service specifically for medical and surgical treatment of complex disorders of female sexual differentiation, such as congenital anomalies and absence of the vagina and uterus, ambiguous genitalia, androgen insensitivity syndrome, congenital adrenal hyperplasia and Rokitansky syndrome.
- In addition, menstrual disorders in adolescence, disorders of female puberty, primary amenorrhoea, Turners syndrome are seen.

Immunology (pre shortlisted) (Children's and Adolescent Services)

There are no local services for this speciality available options are:

Leeds Teaching Hospital (15 years and under)

- **Conditions treated:** • Children requiring assessment for suspected immune deficiency. • Children with a diagnosed immune deficiency. • Children who have undergone a bone marrow transplant for an immune deficiency. • Hereditary Angioedema- For testing of children of parents with HAE, please search LHP for referral pathway before referring.
- **Exclusions:** Please note that Paediatric Allergy is a separate service.



Metabolic Disorders (pre shortlisted) (Children's and Adolescent Services)

This Clinic type does not currently have a dedicated local service. Appointments are instead scheduled through the general paediatric clinics serving the area. To access these clinics please edit the clinic type to **Other medical** on the booking page:

York Hospital

- Adolescent clinic (11 years to 18 years inclusive)
- General paediatric (18 years and under)

Selby War Memorial Hospital (16 years and under)

Malton Community Hospital (15 years and under)

Scarborough Hospital (15 years and under)

Bridlington Hospital (15 years and under)

Nephrology (pre shortlisted) (Children's and Adolescent Services)

This Clinic type does not currently have a dedicated local service. Appointments are instead scheduled through the general paediatric clinics

York Hospital (18 years and under)

Selby War Memorial Hospital (16 years and under)

Malton Community Hospital - (15 years and over)

Leeds General Infirmary (17 years and under)

Scarborough Hospital (15 years and under)

Neurology (pre shortlisted) (Children's and Adolescent Services)

This Clinic type does not currently have a dedicated local service. Appointments are instead scheduled through the general paediatric clinics

York Hospital (18 years and under)

Selby War Memorial Hospital (16 years and under)

Malton Community Hospital - (15 years and over)

Leeds General Infirmary (15 years and under)

Scarborough Hospital (15 years and under)

Scarborough hospital also has an epilepsy clinic (15 years and under)

Plastic Surgery (Children's and Adolescent Services)

This Clinic type does not currently have a dedicated local service for York and Scarborough registered patient change speciality to the adult **Surgery plastics/ Not otherwise specialised** for the following hospitals:

York Hospital (All Ages), Malton Community Hospital (All ages)

Respiratory (pre shortlisted) (Children's and Adolescent Services)

This Clinic type does not currently have a dedicated local service. Appointments are instead scheduled through the general paediatric clinics serving the area

York Hospital (18 years and under)

Selby War Memorial Hospital (16 years and under)

Malton Community Hospital - (15 years and over)

Scarborough Hospital (15 years and under)



Asthma Clinic (Children's and Adolescent Services)

York Hospital (16 years and under), Selby War Memorial Hospital (16 years and under)

- **Conditions treated:** Wheeze Asthma Chronic cough
- **Exclusions:** Children who are thought to have upper airway obstruction from large tonsils/adenoids should be referred directly to ENT for assessment

Rheumatology (pre shortlisted) (Children's and Adolescent Services)

This Clinic type does not currently have a dedicated local service. Appointments are instead scheduled through the general paediatric clinics

York Hospital (18 years and under)

Selby War Memorial Hospital (16 years and under)

Malton Community Hospital - (15 years and over)

Scarborough Hospital (15 years and under)

Surgery- Not Otherwise Specified (Children's and Adolescent Services)

York Hospital is available by changing the speciality/ clinic type to **Surgery-Not Otherwise Specified** and either select lumps and bumps or hernia.

This will show the Children's paediatric general surgery clinic:

York Hospital (15 years and under), Selby War Memorial Hospital (15 years and under)

- **Conditions treated:** Children under 16 years: Herniae, Lumps & Bumps, Ingrowing toenails
- **Exclusions:** Constipation, Diarrhoea, Rectal Bleeding - refer to General Paediatric Service
Undescended testicles, circumcision - refer to Paediatric Urology Service

Community Paediatrics / Developmental & Learning Disabilities* (Children and adolescents)

Childhood development and behavioural problems that are likely to require multi-agency working (for example paediatrics plus child and adolescent mental health services) should be referred to services within the GPs own geographical area.

Available hospitals include:

York Hospital, Selby War Memorial Hospital (18 years and under)

Malton Community Hospital, Scarborough Hospital (17 years and under)

- **Conditions treated:** Developmental Delay Communication Disorders **Autism (under 5s only)** Motor Disorders, e.g. Cerebral Palsy Gait Abnormalities Suspected neuromuscular conditions Developmental co-ordination disorder
- **Exclusions:** **Please note we do not assess for ADHD, or for autism in school aged children. These children should be referred to CAMHS.** General paediatric problems - refer to the General Paediatric Clinics Patients over 18 years of age - refer to Adult Services Child Protection concerns - phone on call consultant. Hospital Switchboard: 01904 631313 Other medical conditions for example Cystic Fibrosis and Diabetes

For school age children wanting ADHD or autism assessment please see [here](#)



ENT* (Children and adolescents)

Tonsillectomy

- Please see flowchart as to which hospital patient can be offered depending on criteria.
<https://hnyppr.org.uk/documents/d/york/tonsillectomy-referral-flowchart-gp>
- [Tonsillectomy for recurrent tonsillitis - York - HNY Policy and Pathway Repository](#)

If you are considering referring a patient for an intervention or treatment, you must first check eligibility against the ICB's Clinical Commissioning Policies, available on the Humber and North Yorkshire Policy and Pathway Repository: [Policies - HNY Policy and Pathway Repository](#)

- **If the patient meets the policy criteria:** refer via the usual pathway.
- **If the patient does not meet the criteria:** you may submit an Individual Funding Request (IFR) if you can demonstrate clinical exceptionality.
- We have created an IFR page on the PPR that covers all necessary information [Individual Funding Request - HNY Policy and Pathway Repository](#)

For ENT guidance please see [link](#)

York Hospital (16 years and under)

Scarborough Hospital (15 years and under)

Bridlington Hospital (15 years and under)

Gastroenterology* (Children and adolescents)

There is no local specialised clinic for Gastroenterology only general paediatric clinics

York Hospital (18 years and under) - if patient over 16 years of age process to the adult clinic at York hospital by editing the speciality/clinic type at the booking stage to **GI & Liver** and relevant clinic type.

Selby War Memorial Hospital (16 years and under)

Malton Community Hospital (15 years and under)

Bridlington Hospital (15 years and under)

Scarborough Hospital (15 years and under)

Other available Gastro services include:

Leeds General Infirmary (tertiary) (15 years and under)

- **Conditions treated:** • Inflammatory bowel disease (Crohn's disease, Ulcerative colitis) • Chronic Diarrhoea • Irritable bowel syndrome • Coeliac disease • Eosinophilic oesophagitis • H pylori associated gastritis • Peptic ulcer disease • Intestinal failure including short bowel syndrome Recurrent abdominal pain for opinion
- **Exclusions:** • Please refer to the **General Paediatric Medicine Clinic** for the following: - Recurrent or Chronic Abdominal Pain - GORD - Recurrent Vomiting - Diarrhoea - Constipation

Paediatric Haematology* (Children and adolescents)

This clinic type will bring up the general paediatric clinics available.

York Hospital (18 years and under)

Selby War Memorial Hospital (16 years and under)

Malton Community Hospital - (15 years and over)

Leeds General Infirmary (17 years and under)

Scarborough Hospital (15 years and under)

Oral and Maxillofacial* (Children and adolescents)

As there is no child max fax clinic at York hospital edit speciality and clinic type to **oral and maxillofacial/ Not otherwise specified** to bring up the adult **all age** clinic at *York Hospital*.



Other hospital available under children's/oral max fax:

Scarborough Hospital (15 years and under), Bridlington Hospital (15 years and under)

- **Conditions treated:** Salivary gland pathology Dento-alveolar surgery Diseases of the oral mucosa Deformity of face and jaws, congenital and acquired

Harrogate Hospital (1 years and over)

- **Conditions treated:** Salivary Gland Pathology Dento-alveolar surgery Diseases of the oral Mucosa Head and Neck lumps Oral cavity Oropharynx Skin of face and scalp
- Benign Lesions of face and scalp Deformity of Face and Jaws, Congenital and acquired Assessment of facial scar

Tongue tied: under 6 weeks to be referred to health visitor. For patient over 6 weeks to be referred to: York or Scarborough Hospital as per above.

Orthopaedics* (Children and adolescents)

York Hospital has the following clinics available:

- Paediatric Knee (12 years and under)
 - o **Conditions treated:** Osteochondroma / benign tumours. Malalignment. Knee pain in under 12s
 - o **Exclusions:** Patients with defined pathology on MRI necessitating arthroscopic procedures (e.g. ACL rupture) – refer directly to adult knee surgeons.
- Foot and ankle (16 years and under)
 - o **Conditions treated:** FOOT & ANKLE incl: - Talipes, Tendon Lengthening, Deformity, Curly toes, club foot and other foot deformities.
- General orthopaedics (16 years and under)
 - o **Conditions treated:** Cerebral palsy DDH Perthes SCFE Rotational malalignment Osteochondromaw/lumps and bumps Post traumatic complications e.g. fracture malunions Scoliosis for follow up Congenital dislocated hip, displastic Dislocated Hips and gait abnormalities
 - o **Exclusions:** Patients requiring spinal surgery

Selby War Memorial Hospital (16 years and under) - is a general paediatric clinic

Scarborough Hospital (15 years and under) – change clinic type to **Other medical** as no specialised orthopaedics clinic available, unless for soft tissue clinic see below.

Or

Scarborough hospital/ Bridlington Hospital Soft tissue clinic, change speciality and clinic type to **Orthopaedics /knee** which sees patients over 5 years.



Acute Knee referrals are to be sent as **urgent** via **orthopaedics/ Knee** and booked to **York Hospital** (11 years to 55 inclusive)

- **Conditions treated:** Complex knee conditions - Knee injury, sports knee injury, locked knee, recurrent patellar dislocation, acute traumatic haemarthrosis, knee ligament injury or trauma
- **Exclusions:** Age range 11 to 55 years Atraumatic knee pain Primary patella dislocations without evidence of Hemarthrosis or OC lesion can be referred to MSK Physiotherapy

For Scarborough registered patients for **Acute Knee clinic** book to **Scarborough Hospital/ Bridlington Hospital** Soft tissue clinic change speciality and clinic type **Orthopaedics /knee** which sees patients over 5 years

Other Medical* (Children and adolescents)

Check there is no other suitable clinic type that can be used before selecting other medical.

Exclusions: Developmental delay, communication disorders, autism, motor disorders, gait abnormalities, behavioural problems - refer to the developmental clinic Child Protection issues - phone on call consultant If patient requires an urgent appointment < 1 week - please arrange through on call consultant Children over 16 years old (excluding apnoea- For apnoea refer via **children's ENT**)

York Hospital Adolescent clinic (11 years to 18 years inclusive), **York Hospital** General paediatric (18 years and under)

- **Conditions treated:** Children 18 years and under: All general paediatric problems e.g. UTI's Constipation abdominal pain, headache and enuresis.

Selby War Memorial Hospital (16 years and under)

- **Conditions treated:** general paediatric problems for example, UTI's, Constipation, Thyroid etc. Children aged 0-3 years with congenital dislocated hip, dysplastic dislocated hips and gait abnormalities.

Malton Community Hospital (15 years and under)

- **Conditions treated:** This is a general paediatric service appropriate for all general conditions for patients from the neonatal period to their 16th birthday. These include: General infant and childhood problems, abdominal pain, reflux, constipation, failure to thrive, chronic diarrhoea, liver disease, prolonged jaundice greater than 28 days, hepatitis, thyroid problems, feeding problems, joint pain, arthralgia, arthritis, lymphadenopathy, urinary tract infection (UTI), renal and respiratory problems.

Scarborough Hospital (15 years and under)

- **Conditions treated:** General infant and childhood problems; abdominal pain, reflux, constipation, failure to thrive, chronic diarrhoea, allergy/food intolerance, liver disease, prolonged jaundice greater than 28 days, hepatitis, thyroid problems, feeding problems, joint pain, arthralgia, arthritis, lymphadenopathy, urinary tract infection (UTI), renal and respiratory problems.

Other hospital available include the following:

Harrogate Hospital (15 years and under)

Leeds Hospital (15 years and under)



Urology* (Children and adolescents)

Bladder and Bowel clinic **York hospital (19 years and under)**, **Selby War Memorial Hospital (16 years and under)**

- For York Registered patients only
- Required the bladder and bowel proforma completed and attached see [here](#) for more information

General Urology clinics

York and Scarborough hospital clinics below are for surgical issues only for medical issues please refer via **other medical** clinic type or Children's Urology at **Leeds Hospital (15years and under)**

York Hospital (1 years to 15 years inclusive)

- **Conditions treated: Paediatric** patients under 16 years of age. EG. PPV Hydrocoele, Foreskin, IDT
- **Exclusions:** Enuresis (Bowel & Bladder) - Refer to the General Paediatric Service Urinary Tract Infections - Refer to the General Paediatric Service Patients under 16 years

For patients under 1 please refer to **Leeds Hospital See above.**

Scarborough Hospital (15 years and under) For Scarborough registered patient please edit the Speciality and clinic type to **Urology/ NOS** and select paediatric clinic.

Malton Community Hospital (16 years and over) through **Urology /NOS**

Haematuria clinic All ages through **Urology /haematuria not USC**

Other hospitals available are:

Paediatric Urology Surgery TRIAGE - **Hull University Teaching Hospitals** (Hull Royal Infirmary) 15 years under surgical only see DOS for conditions treated and exclusions

Children's Dietetics*

This service is not processed through the RSS or Gateway see link below for how to process referrals. **York Registered patients only**

[York and Scarborough Teaching Hospitals NHS Foundation Trust - Introduction to children's therapies](#)

For Scarborough registered patients please see link: [York and Scarborough Teaching Hospitals NHS Foundation Trust - Scarborough Children and Young Perso...](#)



Diabetic Medicine – Scarborough registered patients only*

General Diabetic Management-

- Scarborough registered patients are booked via Gateway/ e-RS and cannot go to York Community clinic as it is not commissioned for Scarborough registered patients

Podiatry and Foot *(Clinic type not used for York or Scarborough patients.)*

- There is no local service to book into via Gateway/ eRS, Podiatry referrals for Scarborough registered patients are processed via the Humber direct.

Pregnancy and Maternal *(Clinic type not used for York or Scarborough patients.)*

- There is no local service to book into via Gateway/ eRS for either Scarborough or York Registered patients, please book direct via Hospital

Renal Diabetes *(pre shortlisted)*

- There are no local services for this Clinic type (change clinic type to **Nephrology** to book to general clinic)
- There is a joint Diabetes / Renal clinic at York (Change to **Diabetic Medicine / Clinic Renal Diabetes** – RAS clinic)

Type 1 Diabetes

- o For Scarborough registered patients change clinic type to **General diabetic management** to book to **Scarborough, Bridlington, and Malton Community Hospital. (pre shortlisted)**

Erectile Dysfunction

- Please see [Urology](#) on how to refer for erectile dysfunction.

Diagnostic Endoscopy

Gastroscopy – *(pre shortlisted)*

- Complete Integrated questionnaire on Gateway

York and Scarborough Teaching Hospitals NHS Foundation Trust have confirmed that this pathway is for **routine referrals only**. The hospital has advised that this is a diagnostic service with **short waiting times**, and therefore an urgent pathway is not available.

Service available at **York or Scarborough Hospital only - Can be booked direct to clinic without contacting patient**



Diagnostic Physiological Measurement

Audiology

- Hearing assessment prior to referral to ENT
 - **Exclusions** to general audiology clinic: Unilateral Tinnitus, asymmetric hearing loss, sudden onset of hearing loss (for less than 3 months), obvious infection - refer directly to the ENT Service
- York Hospital, Malton Community Hospital, Selby War Memorial Hospital, Whitby Hospital, Scarborough Hospital, Thirsk Health Centre – All RAS clinics
 - There is a specialised York clinic on e-RS for patients with Dementia (autoroute override if standard audiology clinics shortlisted)
 - There is a specialised York tinnitus clinic under this pathway which deals with Long standing bilateral tinnitus only
 - For Scarborough registered patients there is a specialised clinic for Tinnitus at Spring Hill House which deals with *Long Standing Bilateral Tinnitus* only
- Patient requesting batteries for their hearing aids do not require a referral to the hospital:
 - Please contact Audiology directly on 01904 726741 and select option 1 for the postal service. Alternatively, you can email them at yhs-tr.hearingaid.repairs@nhs.net and they will be able to post them out to the patient.

Palpitations – (pre shortlisted) (York Hospital only)

- Complete Integrated questionnaire on Gateway
- This service is for York registered patients only
- Requires ECG attached (mandatory)
- Criteria for pathway can be found: [Palpitations - York - HNY Policy and Pathway Repository](#)
- Service available at York Hospital only
- Can be booked direct to clinic without contacting patient.

To refer Scarborough registered patients for palpitations please process via **Cardiology/NOS**.
(Scarborough Bridlington and Malton Community Hospital)

Murmur – (pre shortlisted)

- Refer to the open access ECHO clinic –
- Pathway information : [Open access echocardiogram - York - HNY Policy and Pathway Repository](#)
- 12 lead ECG (if available in primary care) must be attached to the referral
- **Conditions treated:**
 - New murmurs in patients over 16 years Murmurs identified in pregnancy (please state the duration of pregnancy in the referral)
 - People with a family relative in a first relative of congenital heart disease and with a murmur
 - People with a family history in a first degree relative of cardiomyopathy please state which type in the referral letter (Hypertrophic Obstructive Cardiomyopathy HOCM <40 years every 4 years, Dilated Cardiomyopathy DCM <50 years every 4 years)
 - People with AF in whom there is a strong suspicion of structural heart disease (a murmur) and therefore warfarin will be required for anticoagulation not a Direct Oral Anticoagulant (NOAC)



- Younger people (<60) with AF in whom a structural problem will raise thromboembolic risk to a level where anticoagulation is required
- **Exclusions:**
 - People already under cardiology follow up
 - People with symptoms of heart failure and a murmur or AF should be referred via the heart failure CAS
- Service available at York Hospital only
- Can be booked direct to clinic without contacting patient
- Scarborough registered patients have the option to also go to Scarborough Bridlington and Malton Community Hospital - change speciality and clinic type to **Cardiology/ NOS**.

Respiratory - Full Lung Function* (pre shortlisted)

Currently for York registered patients only

- Requirement & Preliminary Checks

To ensure the efficacy and efficiency of the pathway, patients should meet some initial pre-requisites.

- >8 weeks of breathlessness
- Anxiety, depression and deconditioning ruled out as causes
- No red flags and no contraindication met (*Table 1*)
- Not currently under respiratory or cardiac specialist care.

Once referral is generated you will be Auto-routed to the booking screen and presented with the service to book into - **Breathlessness (York) Triage Service - York & Scarborough Hospitals**. This service is a RAS.

Dietetics Weight Management

Tier 2 Digital Weight Management– (pre shortlisted)

- Requires attached Tier 2 proforma
 - Criteria:
 - As per the information on the proforma to be eligible for the service, the individual must satisfy ALL the following criteria:
 - Age ≥ 18 years
 - Diagnosed with Diabetes (any type) AND / OR Hypertension
 - Latest BMI ≥ 30 (or ≥ 27.5 if from Black, Asian and ethnic minority backgrounds) BMI must be within last 24 months.
- and MUST NOT have any of the following characteristics:
- Moderate or severe frailty
 - Currently pregnant
 - Have an active eating disorder
 - Bariatric surgery in the last two years
 - A weight management programme is considered to pose greater risk of harm than benefit for this individual
- Can be booked direct to clinic without contacting patient.



Tier 3 Weight Management – (pre shortlisted)

York service only (only available to York GP practices)

The service is available to patients aged 18 years of age and over, who are registered with a Vale of York CCG GP practice, have a BMI of 35 or over, AND who have maximised primary care and community conservative management

- Requires 3 BMI results
- Patients with a BMI ≥ 50 will be automatically eligible to access the service.
- See website for more information: <https://hnyppr.org.uk/web/york/w/tier-3-weight-management-services-policy>
- SR patients being referred for Tier 3 is done via the Humber direct not through e-RS.

Can be booked direct to clinic without contacting patient

Ear Nose & Throat

There are no Specific requirements for the following clinic types. These clinic types do not currently have a dedicated specialised service. Appointments are instead scheduled through the general clinic:

Nose / Sinus – Rhinoplasty/Septorhinoplasty

Clinicians who wish to check their patients' eligibility for treatments and interventions should refer to the ICB's Clinical Commissioning Policies, which are available on the Humber and North Yorkshire Policy and Pathway Repository: [Home - HNY Policy and Pathway Repository](#)

- **If the patient meets the policy criteria:** refer via the usual pathway.
- **If the patient does not meet the criteria:** you may submit an Individual Funding Request (IFR) if you can demonstrate clinical exceptionality.
- We have created an IFR page on the PPR that covers all necessary information [Individual Funding Request - HNY Policy and Pathway Repository](#)

Not Otherwise Specified (NoS)– (Scarborough Hospital and Bridlington Hospital do not have a NoS (Not otherwise Specified) clinic, please select relevant clinic type)

Salivary Gland

Snoring (not Sleep Apnoea)

Tinnitus (if the patient has hearing loss, please refer to the ENT ear clinic)

Balance / Dizziness (pre shortlisted)

- For York Registered patient the only option is **York Hospital**
- For Scarborough registered patient choices are **Scarborough or Bridlington Hospital**. (EAR Clinic)
 - o See website for criteria: [Here](#)

Ear

ENT Primary Care Clinic – If referral criteria are met, GPs may refer patients directly to the clinic. For further information, [here](#)

- o *Note: No changes to current process — RSS does not handle these community referrals.*
- Micro suction can offer the following hospital -**York Hospital, Scarborough Hospital, Bridlington Hospital, Harrogate Hospital (Nurse led only)**



Facial Plastics and Skin Lesions

- **York Hospital, Malton Community Hospital, Selby War Memorial Hospital**-Depending on skin lesion may require a PAT e.g. Lipoma, Sebaceous cyst – can also be processed through speciality's **Plastics Dermatology** or **Oral and maxillofacial**

Neck Lump / Thyroid

- Patients with disorders of the Thyroid function - refer to **Endocrine Thyroid Service**
- **York Hospital** does have a specialised Neck lump clinic which treats the following:
 - Patients suspected or concerned of having thyroid cancer (refer via 2WW proforma)
 - Patients presenting with a new or changing thyroid swellings (solitary swellings but also longstanding multinodular goitres)
 - Patients with obstructive symptoms due to thyroid swellings

Throat (incl.tonsils Voice/Swallowing)

Tonsillectomy: **If the patient meets the policy criteria:** refer via the usual pathway.

If the patient does not meet the criteria: you may submit an Individual Funding Request (IFR) if you can demonstrate clinical exceptionality.

- For criteria see link [here](#) for flow chart and tonsillectomy criteria.
- **York Hospital** has a separate Voice clinic which deals with the following only:
 - Dysphonia, Dysphonia associated with complex medical conditions

Hearing tests/Aids – see diag phy meas

There are no clinics available on e-RS under this clinic type. For Hearing test send via **Diagnostic physiological measurement/ [Audiology](#)**. For Ear issues edit clinic type to **EAR**.

Sleep Apnoea – see Sleep Medicine

There are no clinics available on e-RS under this clinic type. For Sleep apnoea send via **sleep medicine/ [Sleep apnoea](#)**.

Endocrinology and Metabolic Medicine

There are no Specific requirements for the following clinic types listed below.

- General Endocrine services: **York Hospital, Scarborough Hospital, Selby War Memorial Hospital, Bridlington Hospital - all RAS clinic**
 - Adrenal Disorders
 - Gynaecological Endocrinology
 - Not Otherwise Specified
 - Pituitary & Hypothalamic
 - Thyroid/Parathyroid
- Metabolic Disorder Clinic: **Service available at York or Scarborough Hospital only**
 - Lipid Disorders - [Familial Hypercholesterolaemia](#)
 - Metabolic Bone Disorders



Genetics

- All ages (Adult & Children). All referrals must provide referral reason (e.g. familial link)

Urgent referrals include:

- Patients on end-of-life care
- Patients for whom genetic testing would alter on-going management of a current cancer, considering that genetic test results will take weeks to months to come back
- Prenatal referrals must be sent electronically using the Prenatal referral form.
- Neonatal/Urgent inpatient paediatric (or any other urgent inpatient) referrals

Urgent referrals are directed to the Genetics NHS mailbox via Gateway and MUST meet the criteria above.

Urgent Genetics – Leeds Clinic (see below)

This service is not on e-RS the referral will be transferred over to the Genetics team direct.

Services		Map	
e-RS Services		Local Services	
Max Wait Time		Any	
Service Name (3)	Distance	Wait Time	Organisation
☐ vsl RAS - Adult - Clinical Genetics - Outpatients - Chapel Allerton Hospital - RR0	27mi	Not Applicable	Chapel Allerton Hospital
☐ Urgent Genetics - Leeds	27mi	-	Leeds Teaching Hospitals

If the GP wishes to refer as urgent but the patient does not meet urgent criteria, they can still set up the referral as urgent but **at the booking stage refer into the ROUTINE triage clinic**. The referral will be triaged and either accepted or returned with advice.

Routine referrals are referred via Gateway/e-RS into the routine clinic **Chapel Allerton Hospital (see above)**

A&G- The Genetics A&G team have advised they no longer accept A&G via e-RS.

A&G requests should be booked into the **routine** Genetics triage clinic via Gateway/e-RS - **routine Chapel Allerton Triage service**. The request will be triaged and either returned with advice or arrange to see patient.

The GP needs to clearly mark at top of referral text that it is an **A&G request**.

Geriatric Medicine

Cognitive Disorders

These referrals are not processed through Gateway as there is no service provided by York & Scarborough Teaching Hospitals NHS Foundation Trust for this condition via e-RS

Falls - (pre shortlisted)

- **York registered patient only** Clinic restricted to 65 years +
 - (Nelson Court direct bookable)

Conditions treated:

- Patients who are over 65 and have had two or more unexplained falls in the past year. Patients with unexplained dizziness and suspected loss of consciousness. Patients who are independently mobile with or without an aid and can attend a clinic environment for 1-2 hours.



Exclusions:

- Single or no falls. Definite syncope (see alternative services). Falls secondary to alcohol or substance abuse. Patients who are not able to mobilise without assistance. Patients who need physiotherapy and occupational therapy only (see alternative services). Patients who need a home hazard assessment/minor home adaptations only (see alternative services). Patients with dementia that would limit them from engaging with exercise programmes/adaptations
- Scarborough Registered patients are referred direct through to the Humber not through Gateway.

Movement Disorder

- **Conditions treated:** Geriatric patients with symptoms suggestive of Parkinson's disease.
 - **York/ Selby Hospital** are age restriction 75 years + (shows as Parkinson's)
 - **Scarborough Hospital** age restriction 65 years + (Shows as movement disorder)

Not Otherwise Specified

- Appears as Care of the elderly clinic on booking list
- **York Hospital** age restriction 75 years +
- **Scarborough/Bridlington Hospital** age restriction 65 years +

Metabolic Bone Diseases

- **Conditions treated:**
 - Osteopenia
 - Osteoporosis
 - Previous Fracture
- **York Hospital** age restriction 65 years + (York shows as Nelson court)
- **Scarborough/Bridlington Hospital** age restriction 65 years +

Stroke (NOT TIA)

See [Stroke Medicine service](#) section

GI & Liver

The Gastrointestinal and Liver Service covers three primary clinic types: **Colorectal**, **Lower GI**, and **Upper GI**. These clinics often overlap in scope. For instance, a patient presenting with rectal bleeding and abdominal pain would typically be referred to the **Lower GI General Clinic**.

If a patient reports upper abdominal discomfort and symptoms such as stomach rumbling, the **Upper GI** option may be selected initially; however, the appointment should be booked under the **Gastroenterology Clinic** on the booking page.

Please note that the **Upper GI Clinic at York** is a **surgical-only service**, specifically managing cases related to **hernias** and **gastro-oesophageal reflux disease (GORD)**, Gall bladder polyps.



Colorectal*

Pilonidal sinus *York and Scarborough Hospital only* - Pilonidal sinus, fistula and abscess,

- **Exclusions:** Peri-anal fistula and ischio rectal sepsis - refer to the General Colorectal Service.

Colorectal clinic *York Hospital, Malton Community Hospital, Scarborough Hospital, Bridlington Hospital*

- Obstructive abdominal pain Anorectal problems e.g. haemorrhoids, fissure-in-ano, fistula-in-ano, faecal incontinence, rectal prolapse. Please refer any 'Rapid Access Colorectal' referrals as urgent. Rectal bleeding only.
- **Procedures performed**
 - Outpatient: Anorectal physiology; endorectal ultrasound; rubber band ligation; rigid sigmoidoscopy; colonoscopy; flexible sigmoidoscopy; polypectomy; gastroscopy; injection sclerotherapy; photocoagulation
 - Day Case: Excision biopsy; haemorrhoidectomy (open & stapled); transanal resection; hernia repair (open); Fistulotomy; Fistulectomy; seton insertion; Bascom Procedure; Excision skin tags.
 - Inpatient: Laparoscopic: Hernia repair; Right/left hemicolectomy; sigmoid colectomy; rectal resection; rectopexy; reversal of Hartmann's; small bowel resection; appendicectomy; colostomy/ileostomy
 - Open: Right/left hemicolectomy; total/subtotal colectomy; Ileostomy formation; colostomy formation; reversal of stoma; sigmoid colectomy; Ileal pouch Anal Anstomosis; Anterior resection; Abdominoperineal excision of rectum; Delorme's procedure; Altemeier's procedure; Perineal rectocele repair; anal sphincter repair; rectal advancement flap; Anocutaneous rotation flap; repair colorectal fistula; repair colovaginal fistula; splenectomy; adrenalectomy.

Other hospitals available:

Harrogate District Hospital

- **Conditions treated**
- Abdominal Mass, Anaemia (Iron Deficient), Anal Fissure, Anal Fistula, Change in Bowel Habit, Colorectal Cancer, Colorectal Polyps, Diverticular Disease, Faecal Incontinence, Constipation, Diarrhoea, Family History, Haemorrhoids, Inflammatory Bowel Disease, Rectal Bleeding Rectal Prolapse, Crohn's Disease, Defacatory Disorder, Rectocele, Anastomosis Left sided abdominal pain or on-going abdominal pain

Lower GI* (anything internal) *York and Scarborough Hospital*

- **Exclusions:** Patients who would be more appropriate in other sub-specialty clinics i.e. Liver Service, Upper GI Surgery, Gallstone Disease and Colorectal Surgery.

Other hospitals available:

Harrogate District Hospital



Upper GI* [York and Scarborough Hospital](#)

Gastro clinic: Excludes the following: Patients who would be more appropriate in other sub-specialty clinics i.e. Liver Service, Upper GI Surgery, Gallstone Disease and Colorectal Surgery.

Upper GI clinics

[York Hospital](#), [Selby War Memorial Hospital](#) Upper GI covers Surgical GORD Large Hiatal Herniae

- **Exclusions:** Inflammatory bowel disease, rectal prolapse, faecal incontinence, colitis, - refer to General Colorectal Service.

[Scarborough Hospital](#), [Malton Community Hospital](#), [Bridlington Hospital](#)

Conditions treated

Hiatus Hernia Gastro-Oesophageal Reflux (GORD) Barrett's Oesophagus Oesophageal Diverticulae Oesophageal Strictures Oesophageal Dysmotilities (Achalasia, Oesophageal Spasm) Gastro-Duodenal Ulcer Helicobacter Infestations Duodeno-Gastric Reflux Gastric Volvulus Gastric Outlet Obstructions/Dilatations Abnormal Barium Meal Gastro-Intestinal Primary Fistulae Post-Surgical Gastro-Oesophageal Conditions Gastro-Intestinal Stromal Tumours Abnormal Gallbladder/Pancreas on Imaging Pancreatic Insufficiency.

Inflammatory Bowel Disease (IBD)*

This clinic type does not currently have a dedicated local service. Appointments are instead scheduled through the Gastroenterology service, [York Hospital](#), [Scarborough Hospital](#), [Malton Community Hospital](#), [Bridlington Hospital](#)

Or in the case of [Malton Community Hospital](#), [Bridlington Hospital](#) the Colorectal clinic.

Bariatric Surgery*

If you are considering referring a patient for an intervention or treatment, you must first check eligibility against the ICB's Clinical Commissioning Policies, available on the Humber and North Yorkshire Policy and Pathway Repository: [Policies - HNY Policy and Pathway Repository](#)

- **If the patient meets the policy criteria:** refer via the usual pathway.
- **If the patient does not meet the criteria:** you may submit an Individual Funding Request (IFR) if you can demonstrate clinical exceptionality.

Clinic type to be changed to **Upper GI** at the booking page to show [York Hospital](#) Bariatric clinic

- York registered patients for information on criteria click [here](#)
- Scarborough registered patients for more information on criteria click [here](#)

Endoscopy*

See [Diagnostic Endoscopy/Gastroscopy](#)

Oncology

There is no service on e-RS for this clinic type please contact the relevant provider directly or alternatively the RSS can assist.



Gallstones (pre shortlisted) York Hospital, Malton Community Hospital, Scarborough Hospital, Bridlington hospital

If you are considering referring a patient for an intervention or treatment, you must first check eligibility against the ICB's Clinical Commissioning Policies, available on the Humber and North Yorkshire Policy and Pathway Repository: [Policies - HNY Policy and Pathway Repository](#)

- **If the patient meets the policy criteria:** refer via the usual pathway.
- **If the patient does not meet the criteria:** you may submit an Individual Funding Request (IFR) if you can demonstrate clinical exceptionality.
- **Conditions treated** -Gall stones, Cholecystitis, Jaundice - see Pancreaticobiliary suspected cancer pro form.

Hepatology (pre shortlisted) York Hospital, Selby War Memorial Hospital, Harrogate District, Scarborough Hospital

- **Liver clinic covers** Abnormal liver tests including radiology Acute and Chronic Liver Disease Alcoholic Liver Disease Hepatitis B/C Fatty Liver Disease Haemochromatosis Undiagnosed Jaundice Requirement for post Liver Transplant follow-up.

Gynaecology

There are no Specific requirements for the following clinic types listed below. Available hospitals include York Hospital, Scarborough Hospital, Selby War Memorial Hospital, Bridlington Hospital, Malton community Hospital

Not Otherwise Specified

Perineal Repair – Also offer St James Hospital Leeds

Urogynaecology/Prolapse

Vulval and Perineal Lesions

The following clinic types need changing to **Not Otherwise Specified** to show local clinics York Hospital, Scarborough Hospital

Post Menopausal Bleeding

Psychosexual

Menstrual Disorders

- York Hospital, Scarborough Hospital, Selby War Memorial Hospital, Bridlington Hospital, Malton Community Hospital, St James Hospital Leeds
- National endometriosis centre James's cook Hospital – Shows under this clinic type (MD)

Colposcopy

St James Leeds Hospital, Harrogate Hospital

- No specific colposcopy services to refer to locally under this clinic type please edit to **Not Otherwise Specified** to show available clinics York Hospital, Scarborough Hospital, Selby War Memorial Hospital, Bridlington Hospital, Malton Community Hospital



Early Pregnancy Assessment

These referrals are not processed through gateway.

- Additional guidance can be found [here](#)

Family Planning

Sterilisation only – Monkgate Health Centre *York registered patients only* (pre shortlisted)

Sterilisation only – Scarborough registered patients (pre shortlisted) Scarborough Hospital, Bridlington Hospital

Menopause

No local menopause service.

- Hospitals available: Pinderfields General Hospital, The James Cook Hospital and Pontefract Hospital. St James Leeds Hospital

Pelvic Pain

- York Hospital, Scarborough Hospital, Selby War Memorial Hospital, Bridlington Hospital, Malton Community Hospital
- Leeds general Hospital, St James Leeds, Castle Hill Hull
- For Scarborough registered patient no specific pelvic pain service available.
- Endometriosis comes under this clinic for York Hospital only

Pregnancy Advisory Service

There is no service through Gateway send direct to hospital.

- [Pregnancy advisory services / termination - York - HNY Policy and Pathway Repository](#)

Recurrent Miscarriage – (pre shortlisted)

- St James's University Leeds only

Egg/Sperm storage (including transitioning patients) Book into Seacroft Leeds Hospital via Gynaecology /Infertility

Infertility

There are two subheadings under Infertility:

- Subfertility - which is defined as a delay in conceiving, where the possibility of natural conception exists but takes longer than average. This is the first step in the infertility process
- IVF (assisted conception) the inability to conceive after one or two years of trying

All patients need to be directed to subfertility testing in the first instance.

Subfertility provider options: York Hospital, Seacroft Leeds, Hull Royal Infirmary (couples subfertility clinic)

Complete referral questionnaire on Gateway

- Guidance on the criteria for subfertility referrals can be found [here](#)
- Semen Analysis is required as part of the pre investigations – if abnormal repeat in 3months. (please ensure result available even if partner registered with another GP).
- **Clinical Exclusions**
 - Subfertility treatment is not commissioned for females with BMI >35 due to risk of pregnancy complications
 - Secondary care fertility treatment is restricted to women with BMI <30 complying with the Optimising Health Outcomes criteria



- Smoking increases miscarriage risk and active smoking is an exclusion criteria

IVF (assisted conception) provider options: [Leeds Seacroft](#), [Hull Royal Infirmary](#), ([couples subfertility clinic](#))

- No local services available at York and Scarborough Trust
- Requires completion of IVF form and attached to referral
- Guidance on the criteria for IVF (assisted conception) referrals can be found [Here](#)
- When referring to Hull Royal Infirmary, a welfare of child form is required to be completed and attached as per of the referral criteria, which can be found [here](#)

Immunology

There is no service provided by York & Scarborough Teaching Hospitals NHS Foundation Trust for this condition– available services include Castle Hill hospital / St James in Leeds (Treats all Clinical Immunological and Allergic disorder conditions) - [All RAS clinics](#)

Autoimmune Disease

Immunodeficiency

Not Otherwise Specified

Infectious Diseases

There is no service provided by York & Scarborough Teaching Hospitals NHS Foundation Trust for this condition– see e-RS for clinics and Directory of Services on e-Referral Service for conditions treated and exclusions.

Nephrology – (pre shortlisted)

Hypertension / Nephrology - [York Hospital](#), [Malton Community Hospital](#), [Selby War Memorial Hospital](#), [Scarborough Hospital](#) – Direct Booking available

Renal Diabetes

There are no local services for this Clinic type (change clinic type to **Nephrology** to book to general clinic)

There is a joint Diabetes / Renal clinic at York (Change to [Diabetic Medicine / Clinic Renal Diabetes](#) – RAS clinic)

Neurosurgery

As Neurosurgery is a surgical speciality an up-to-date BMI & Smoking status (within 12 months) is required. There are no local options for this specialised service. If you require further clarity on any of the below, please contact the RSS team.

Movement Disorder

This clinic type is not used please see below options available

Not Otherwise Specified

- Requires an MRI/ CT scan attached within the last 6 months
- No local services
- [Hull Royal Infirmary](#) (Hull does have a satellite clinic at York but only every couple of months, if surgery is required will be done at Hull), [Leeds General Infirmary](#), [The James Cook University](#)



Spinal

- Requires an MRI/ CT scan attached within the last 6 months
- No local services
- **Hull Royal Infirmary** (Hull does have a satellite clinic at York but only every couple of months, if surgery is required will be done at Hull)
- **The James Cook University**
- For **Leeds General Infirmary** Spinal clinic change to NOS
- **The Duchy hospital in Harrogate**

Oral and Maxillofacial Surgery

If you are considering referring a patient for an intervention or treatment, you must first check eligibility against the ICB's Clinical Commissioning Policies, available on the Humber and North Yorkshire Policy and Pathway Repository: [Policies - HNY Policy and Pathway Repository](#)

- **If the patient meets the policy criteria:** refer via the usual pathway.
- **If the patient does not meet the criteria:** you may submit an Individual Funding Request (IFR) if you can demonstrate clinical exceptionality.

We have created an IFR page on the PPR that covers all necessary information [Individual Funding Request - HNY Policy and Pathway Repository](#)

- Please see above in reference for benign lesions. These are usually triaged through Dermatology REI. However, there is currently a service restriction on benign skin lesions at York and Scarborough Trust hospitals.
- No dental services available

There are no Specific requirements for the following clinic types listed below and can be booked into the general clinics **York Hospital**, **Scarborough Hospital**, **Bridlington Hospital** and further afield at patient request.

Facial plastics

Not Otherwise Specified

Oral Surgery

Salivary Gland Disease

Head and Neck lumps not 2WW

- General clinic for Scarborough registered patients **Scarborough Hospital**, **Bridlington Hospital**
- **York hospital** clinic name shows as **head and neck lump 'not USC'** clinic on e-RS

Oncology

There is no service on e-RS for this clinic type please contact the relevant provider directly or alternatively the RSS can assist.

Facial Deformity

- Change Clinic type to **Not Otherwise Specified** to bring up general clinics **York Hospital**, **Scarborough Hospital**, **Bridlington Hospital**



Orthopaedics – Scarborough registered patients only* (Requires up to date BMI and smoking status within a year)

If you are considering referring a patient for an intervention or treatment, you must first check eligibility against the ICB's Clinical Commissioning Policies, available on the Humber and North Yorkshire Policy and Pathway Repository: [Policies - HNY Policy and Pathway Repository](#)

- **If the patient meets the policy criteria:** refer via the usual pathway.
- **If the patient does not meet the criteria:** you may submit an Individual Funding Request (IFR) if you can demonstrate clinical exceptionality.
- We have created an IFR page on the PPR that covers all necessary information [Individual Funding Request - HNY Policy and Pathway Repository](#)

When offering ISP hospitals please check the criteria on e-RS in the DoS as although these private hospitals do have an NHS clinic there are certain criteria patients need to meet to be able to be referred there. Some examples of exclusions are:

- Bed weight restriction 140kg
- Aged below 18
- Bilateral surgery (to be treated sequentially)
- **Clinical Exclusions:**
 - ASA 3 and above.
 - Previous anaesthetic problems, requiring HDU / ITU/ plus any family history – Malignant hyperthermia (MH)
 - Unstable respiratory disease
 - Sleep apnoea - Unless established 6wks + on own CPAP Machine, we cannot accept patients with Sleep Apnoea
 - Unstable diabetes (HBA1c>69)
 - Managing own insulin pump or syringes
 - All intermediate and major surgery IDDM patients
 - History of or predicted severe post-operative nausea and vomiting
 - Moderate to severe valvular heart disease
 - PACEMAKERS ACCEPTED BUT NO ICD implantable cardioverter-defibrillator CRT-P, CRT-D
- Uncontrolled AF/arrhythmia
 - CKD stage 4 and above
 - Neuromuscular disease affecting respiratory functions (e.g. MS, MDN)
 - Evidence that previous anaesthetics have led to serious adverse events or complications
- Addison's disease
 - Recreational drug and alcohol use will be reviewed by anaesthetise.
 - Cirrhosis
 - Antiphospholipid Antibody Syndrome (APS)
 - Previous transplant



Foot and Ankle (Scarborough registered Patients only)

Scarborough Hospital (16 yrs +), Bridlington Hospital (16 yrs +), Malton Community Hospital (16 yrs +), York Hospital (17 yrs +)

- **Conditions treated:** All Foot and ankle conditions including those not listed below. Arthritis, OA joint fusions, Ankle replacement, 1st Metatarsophalangeal joint Hemiarthroplasty, Bunions/Hallux valgus, Painful disorders hind, mid and fore foot, Tendon disorder, Sports injuries, Hammer toes/Mallet toes/Claw toes, Severe deformity of ankle/foot, Metatarsalgia, Morton's Neuroma, Achilles tendonitis, Achilles ruptures, Flat feet, Stiff great toe.
- **Exclusions:** Painless hallux valgus, Diabetic ulceration/infection, Children 16 years and under
- NB. Most foot/ankle conditions must initially be referred to Podiatry.

Clifton Park Clinic (17 yrs+) - Not for Detained Estates/Prison referrals - please refer to York Hospital

Other available hospital includes the following:

Clifton Park Hospital (18 yrs+), Who have the following separate clinics:

- Foot and ankle clinic-
 - Complex foot and ankle conditions
- Forefoot, Foot and Ankle clinic –
 - **Conditions treated:** Foot pain, Muscle tendon and ligament conditions, bunion, Achilles tendonitis, ankle instability, ankle osteoarthritis, ankle pain, arthritis, bursitis, claw toes, contracture, fusion, hallux valgus, hammer toe, joint instability, ligament injury, metatarsalgia, Morton's neuroma, rheumatoid arthritis, rheumatoid, steroid injection, swollen toe, plantar fasciitis unstable joint Clifton Park Hospital

Nuffield Health York (18 yrs +),

- **Conditions treated** Foot pain, forefoot correction, mid foot fusion, muscle tendon and ligament conditions, Achilles tendon, ankle instability, ankle osteoarthritis, ankle pain, bursitis, claw toes, contracture, hallux valgus, hammer toe, ligament and joint instability, metatarsal, metatarsalgia, Morton's neuroma, osteoarthritis, rheumatoid arthritis, swelling, unstable joint

Fracture – NON EMERGENCY

These referrals are sent direct to the fracture clinic as there is no local service on e-RS to book into

Limb Deformities / Reconstruction (Scarborough registered Patients only)

There is no local service on e-RS to book into.

Oncology (Scarborough registered Patients only)

There is no local service on e-RS to book into please contact hospital direct.

Podiatric Surgery (Scarborough registered Patients only)

There is no local service on e-RS to book into these referrals are to be send direct to the Humber.



Hand and Wrist (Scarborough registered Patients only)

If you are considering referring a patient for an intervention or treatment, you must first check eligibility against the ICB's Clinical Commissioning Policies, available on the Humber and North Yorkshire

Policy and Pathway Repository: [Policies - HNY Policy and Pathway Repository](#)

- **If the patient meets the policy criteria:** refer via the usual pathway.
- **If the patient does not meet the criteria:** you may submit an Individual Funding Request (IFR) if you can demonstrate clinical exceptionality.
- We have created an IFR page on the PPR that covers all necessary information [Individual Funding Request - HNY Policy and Pathway Repository](#)

These include the following:

- Carpal Tunnel Syndrome
- Dupuytren's Contracture (referral for surgery)
- Trigger Finger

York Hospital (17yrs +), Clifton Park Clinic (17yrs +), Complex hand conditions including Dupuytren's

Malton Community Hospital (16yrs+), Scarborough Hospital (16yrs+),

- **Conditions treated:** Hand and Wrist: All hand and wrist conditions including those listed below. Arthritis of wrist, Base of thumb arthritis, Carpo-Metacarpal arthritis, Metacarpophalangeal arthritis, Interphalangeal arthritis, Nail problems, De
- Quervain disease, Extensor tendon rupture, Boutonniere deformity, Swan neck deformity, Mallet deformity, Ulnar collateral instability of thumb, Scaphoid non-union, Carpal tunnel syndrome, recurrent Carpal tunnel syndrome, Ulnar nerve entrapment, Trigger finger, Dupuytren contracture, Fractures around the hand and wrist including malunions and nonunions.

Nuffield Health York (18yrs +) - Hand, wrist and finger conditions, carpal tunnel, nerve entrapment, ganglions, muscle contracture, tendon problems, trigger finger, muscle, tendon, alignment conditions, hand and wrist arthritis, wrist instability, thumb pain, Dupuytren's contracture.

Clifton Park Hospital (18yrs +)

- Carpal Tunnel, Trigger Finger & Dupuytren's Clinic
 - Carpal tunnel, trigger finger and Dupuytren's contracture release
- Hand, Wrist & Elbow NHS Clinic
 - **Conditions treated:** Hand, wrist and finger conditions, carpal tunnel, nerve entrapment; ganglions, muscle contractures, tendon problems, trigger finger, muscle, tendon, and alignment conditions, hand and wrist arthritis, wrist instability, thumb pain and instability, Dupuytren's Contracture. Golfers elbow, Tennis Elbow,

Hip (Requires up to date BMI within a year) (Scarborough registered Patients only)

If you are considering referring a patient for an intervention or treatment, you must first check eligibility against the ICB's Clinical Commissioning Policies, available on the Humber and North Yorkshire

Policy and Pathway Repository: [Policies - HNY Policy and Pathway Repository](#)

- **If the patient meets the policy criteria:** refer via the usual pathway.
- **If the patient does not meet the criteria:** you may submit an Individual Funding Request (IFR) if you can demonstrate clinical exceptionality.
- We have created an IFR page on the PPR that covers all necessary information [Individual Funding Request - HNY Policy and Pathway Repository](#)



Scarborough Hospital, Bridlington Hospital, Malton Community Hospital, Clifton Park Clinic, York Hospital,

- Hip Replacement- check meets eligibility if requesting surgery. Can also be done in secondary care if asking for opinion
- **Conditions treated:** All hip conditions including those listed below.
 - Osteoarthritis, Avascular necrosis, Inflammatory arthritis, Painful or worn hip replacement, Greater trochanteric pain syndrome, Iliopsoas tendonitis, Snapping iliotibial band.

Other options are:

Nuffield Health York (18 yrs +),

Clifton Park Hospital (18 yrs+)

When offering ISP hospitals please check the criteria on e-RS in the DoS as although these private hospitals do have an NHS clinic there are certain criteria patients need to meet to be able to be referred there.

Knee (Requires up to date BMI within a year) (Scarborough registered Patients only)

Scarborough Hospital (general knee 16yrs +) Scarborough Hospital (Soft tissue Knee 5Yrs +), Bridlington Hospital (soft tissue knee 5yrs +), Bridlington Hospital (general knee 16yrs +) Malton Community Hospital (16yrs +), York Hospital (over 55) York Hospital (Under 55) Selby War Memorial Hospital. Clifton Park Clinic (under 55yrs or over 55yrs)

Knee Replacement- Clinicians who wish to check their patients' eligibility for treatments and interventions should refer to the ICB's Clinical Commissioning Policies, which are available on the Humber and North Yorkshire Policy and Pathway Repository: [Home - HNY Policy and Pathway Repository](#)

- **If the patient meets the policy criteria:** refer via the usual pathway.
- **If the patient does not meet the criteria:** you may submit an Individual Funding Request (IFR) if you can demonstrate clinical exceptionality.
- We have created an IFR page on the PPR that covers all necessary information [Individual Funding Request - HNY Policy and Pathway Repository](#)

Acute Knee Clinic York Hospital, Clifton Park Clinic

- **Urgent Only.**
- Age restricted 11 to 55 years old, Patients under 11 needs to be referred to the **Paediatric Orthopaedics**, Patients over 55 need to be referred to the **Knee Over 55 service**
- **Conditions treated:** Complex knee conditions - Knee injury, sports knee injury, locked knee, recurrent patellar dislocation, acute traumatic haemarthrosis, knee ligament injury or trauma
- **Exclusions:** Atraumatic knee pain, Primary patella dislocations without evidence of Haemarthrosis or OC lesion can be referred to MSK Physiotherapy. Simple Knee conditions, for patients over 18, which would benefit from a multidisciplinary approach refer to MSK service, e.g. OA, Anterior knee pain, Meniscal injury, Ligament injury, Tendinopathies

Acute Knee service for **Scarborough and Bridlington Hospital** select the soft tissue clinics.

Other general knee options are:

Nuffield Health York (18 yrs +),

Clifton Park Hospital (18 yrs+)



Shoulder and Elbow (Scarborough registered Patients only)

- **Acute Shoulder and Elbow - Urgent Only** Age 5 over York Hospital, Malton Community Hospital

Conditions treated: Acute distal biceps rupture (not prodimar biceps) or send to A&E, Acute rotator cuff tears in patients under 65, Acute pec major ruptures or send to A&E, Acute pectoralis tears

General shoulder and elbow clinics are:

York Hospital, Clifton Park clinic, Malton Community Hospital, Scarborough Hospital, Bridlington Hospital

Other options are:

Nuffield Health York (18 yrs +),
Clifton Park Hospital (18 yrs+)

Spine – Back Pain (not Scoliosis/Deform) (Scarborough registered Patients only)

Doncaster Hospital (16yrs+)

- **Conditions treated:** Low Back Pain Neck Pain, Thoracic Pain, Low back pain with referral, Spinal stenosis Neck pain with referral scaitica

Park Hill Hospital (18yrs+)

- **Conditions treated:** lumbar degenerative, sciatica, neck, myeloradiculopathies, thoracic, back pain, spinal lumbar spine, back, disectomy, sciatica, spinal stenosis, spinal instability, spondylolysis

Spire Hull and East Riding (18yrs+)

- **Conditions treated:** Herniated disc, cervical & lumbar Degenerative disc disease Spinal stenosis Spinal osteoarthritis Vertebral disc surgery lumbar & cervical Lumbar sprain Spondylosis Nerve entrapment, cervical & lumbar

The James Cook Hospital (16yrs+)

- **Conditions treated:** All spinal conditions except deformity, neck & cervical

Spine – Neck Pain (Scarborough registered Patients only)

Doncaster Hospital (16yrs+)

- **Conditions treated:** Low Back Pain Neck Pain, Thoracic Pain, Low back pain with referral, Spinal stenosis Neck pain with referral sciatica

Park Hill Hospital (18yrs+)

- **Conditions treated:** lumbar degenerative, sciatica, neck, myeloradiculopathies, thoracic, back pain, spinal lumbar spine, back, disectomy, sciatica, spinal stenosis, spinal instability, spondylolysis

Spire Hull and East Riding (18yrs+)

- **Conditions treated:** Herniated disc, cervical & lumbar Degenerative disc disease Spinal stenosis Spinal osteoarthritis Vertebral disc surgery lumbar & cervical Lumbar sprain Spondylosis Nerve entrapment, cervical & lumbar.

Redcar primary care Hospital

- **Conditions treated:** Triage for Low Back Pain Triage for radicular lower limb or upper limb pain Triage for neck pain Triage for thoracic pain Age above 18 years + Stenosis Mechanical low back pain Non specific low back pain Mechanical neck pain Non specific neck pain Mechanical thoracic pain.



Spine – Scoliosis and Deformity (Scarborough registered Patients only)

- Spine scoliosis **Leeds Hospital** only, book direct all age clinics.

Services	Map	Local Services	Max Wait Time
☒ NHS e-RS Services	☒ Local Services		Any
Service Name (S)	Distance	Wait Time	Organisation
☐ Spine - Scoliosis and Deformity	35mi	-	Leeds Teaching Hospitals NHS Trust

Sports Trauma (Scarborough registered Patients only)

No service via ERS to book into

Pain Management

- Integrated Chronic Pain questionnaire to completed for York Hospital (**Spinal and non-spinal clinics - All RAS**) – (**pre shortlisted**)
- If referring for non-chronic pain, York registered patients can be referred to **York Hospital, Pinderfields Hospital and Seacroft Leeds** (Seacroft do not accept referrals from York and Harrogate registered patients without an approved IFR for treatment against Leeds Criteria)

Acute Motor Loss pathway

Urgent pathway only,

York Hospital only ([Back pain \(acute motor loss\) - York - HNY Policy and Pathway Repository](#)),

- T & T (Treat and Triage) **York Hospital** only.
- Therapeutic and diagnostic injections for the treatment of spinal pain
 - Requires a PAT/IFR approval as NOT routinely commission therapeutic spinal injections for cervical, thoracic or Lumbar spine pain.
 - This includes: • Spinal Epidural Injections (transforaminal/interlaminar) and nerve root blocks • Spinal Facet Joint Injections (FJI)/Medial branch blocks • Spinal
 - Radiofrequency Nerve Denervation (rhizolysis/medial branch block/nerve root pulsed denervation) • Therapeutic trigger point injections for the management of spinal pain
- For Scarborough registered patients, if referring for non-chronic pain if they meet criteria for CHCP if not only **York Hospital**

Respiratory Medicine

There are no Specific requirements for the following clinic types listed below. All can be booked to General Respiratory services: (**York Hospital, Malton Community Hospital, Scarborough Hospital, Bridlington Hospital - all RAS clinics**)

Allergy

Asthma

COPD

Cystic Fibrosis

Interstitial Lung Disease

Occupational Lung Disease

Tuberculosis



Not Otherwise Specified – For Long Covid clinic - requires GP Proforma & Patient Questionnaire as hardcopy attachments (**York Hospital only RAS clinic**) – (**pre shortlisted**)

- Pulmonary Rehabilitation referrals are sent via the AHP pathway to respiratory physiotherapy along with the Pulmonary Rehabilitation proforma which can be found on the website [Pulmonary rehabilitation - York - HNY Policy and Pathway Repository](#)
- Home oxygen is not referred through gateway please see link on how to refer [NHS Vale of York Clinical Commissioning Group - Home Oxygen](#)

Sleep Medicine

This can be a complex pathway, please contact RSS team if you require support
As this is a specialised service, there is limited secondary care options for patients.

Excessive / Intrusive sleepiness clinic type

- For **York, Scarborough and Bridlington Hospital** select the **Sleep Apnoea** clinic on the booking screen
- Other providers available: (which also see Narcolepsy)
 - **Friarage Hospital (South Tees)**
 - **The James Cook Hospital (South Tees)**
 - **Pontefract Hospital (Mid Yorks)**

Insomnia

- Is an exclusion for any **York Hospital** sleep service
- The following providers are also available. However, the clinic type needs to be amended to access and refer to the correct clinic
 - **Yorkshire Clinic** – amend clinic type to **Sleep Medicine / Sleep Apnoea**
 - **Freeman Hospital Newcastle** – amend speciality and clinic type to **Neurology / Sleep** and send as an A&G via eRS
 - **Royal Hallamshire (Sheffield)** – amend speciality and clinic to **Neurology / Sleep**
 - **Pontefract General Infirmary** – amend clinic type to **Sleep Medicine / Parasomnia**

Parasomnia and Other Sleep Disorders

- No local service for this sleep condition
- The following providers are available:
 - **Pontefract Hospital,**
 - **The Yorkshire Clinic**

Sleep Apnoea / Sleep Disordered Breathing

- Available services include the following:
 - **York Hospital**
 - **Scarborough Hospital**
 - **Bridlington Hospital**
 - **The Yorkshire Clinic**
 - **Friarage Hospital**
 - **Hull Royal Infirmary**



Stroke Medicine – (pre shortlisted) (York Hospital, Scarborough Hospital)

Stroke (NOT TIA) - please contact RSS if you require further clarity.

- **Conditions treated:**
 - Assessment of new stroke when the patient has experienced a stroke elsewhere i.e. overseas or another part of UK. It is expected that these patients are on an antiplatelet agent as well as a statin. Minor strokes/ Non disabling strokes where the patient can still function at home. Incidental strokes picked up on scans for a different reason. Secondary prevention.
 - Age 18 year and over
- **Exclusions:**
 - 1.TIA's to be referred to TIA service via ICG - Refer using the ICG template - TIA Clinic Referral Form
 - 2. Anyone with persistent symptoms suggestive of stroke that has not resolved and within 72 hours of onset requires admission unless the patient refuses to be admitted.
 - 3. The following are also excluded from this Stroke Service: Blackouts Confusion Dizziness Falls without specific focal weakness Memory loss

NB: If any queries on which pathway the patient should be referred, please contact the On Call Stroke Consultant via switchboard

Other options are:

- Urgent TIA clinic please process via the **AHP pathway**
 - The pathway required for this referral is urgent general medicine/Transient ischemic attack and select the book direct option
 - Instructions and guidance on how to select the AHP service & clinic types when referring and how to Direct Book were sent out to all practices in the phase 1 guide.
- Stroke services – For patients that require Physiotherapy / Occupational Therapy outpatient rehabilitation as a result of having a stroke to be referred via the **AHP pathway** as below:

AHP Stroke Therapy	Occupational Therapy; Physiotherapy	Not Otherwise Specified; Not Otherwise Specified
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Then from the dropdown box select stroke and book direct. This forwards the referral direct to service.

NB: If any queries on which pathway the patient should be referred, please contact the On Call Stroke Consultant via switchboard

Surgery Breast

FH of Breast Cancer (non 2WW) (pre shortlisted)

- Requires Family history questionnaire (mandatory)
- Age restricted to 35 years to 50 years inclusive (if outside of age range send A&G to breast clinic via eRS if response is to refer then process referral including A&G response to clinic by removing age criteria)
- York Hospital only



Mammoplasty (non 2WW)

- **Conditions treated:**
 - *Reductions /*Cosmetic Asymmetry *Delayed reconstruction
 - If you require surgery following your outpatient consultation, this will probably be undertaken at York Hospital. However, in some instances patients may be offered Scarborough, depending on the circumstances.
- **Exclusions:**
 - Family History - Refer to Breast Family History Service
 - All patients with Breast Symptoms must be referred via the symptomatic breast clinic
 - York Hospital, Castle Hill Hospital, St James University Hospital.

Mastalgia - (pre shortlisted) (Malton Community Hospital only)

- Integrated questionnaire
- Pain only if other symptoms send to the symptomatic breast clinic
- Implants are an exclusion.
- **Conditions treated:** Breast pain not responsive to simple measures tried for 3 months
Cyclical mastalgia Intractable breast pain Unilateral mastalgia Bilateral mastalgia No abnormality on examination for all patients
- Excludes Male (male to go to symptomatic), Female only clinic

Other Symptomatic*

To refer a patient to Urgent/Routine Symptomatic breast clinic select the relevant options from the creation page Speciality Surgery Breast, clinic type other symptomatic . When at the **booking screen** for York hospital the speciality/clinic type needs to be edited to **2WW/2WW breast** to bring up the relevant symptomatic clinic which is published under the Urgent Suspected Cancer pathway.

York Hospital *USC* Symptomatic Breast (York) Triage Service - York & Scarborough Hospitals

Conditions treated

Women aged younger than 30 with a lump

Male Gynaecomastia (only if very large or medical treatment induced - otherwise treated as cosmetic surgery)

Males under 50 years old – for all breast issues including pain

Other hospital options under **original** speciality **Surgery Breast /Other symptomatic** are:

Harrogate Hospital

- **Conditions treated:**
 - Benign Breast conditions i.e. cysts, pain etc.
 - Breast Lump
 - Carcinoma both symptomatic and screen detected nipple discharge, intractable breast pain Nipple retraction/inversion
- **Exclusions:**
 - Breast Pain Only
 - Genetics Paediatrics
 - Breast Reconstruction
 - Gynaecomastia Family History
 - Patients moving to this area with a previous cancer diagnosis requiring follow up.
Please use either the Family History or Pain No Lump Service

St James University Hospital, Castle Hill Hospital



If you suspect a breast referral with history of breast cancer & lymphoedema in the upper limbs addressed referral for Sally Winterburn so this can be passed over to the correct clinic by the hospital.

Surgery – Cardiothoracic

The following clinics at **York and Scarborough Hospital** are run by Hull university Hospital. This means although they may be able to see the patient for an initial appointment in York or Scarborough any treatment may be done at any of the alternative hospitals:

Castle Hill Hospital Grimsby (Diana Princess of Wales Hospital) Scarborough Hospital, Scunthorpe Hospital

Cardiac Surgery

- Cardiac surgery is a tertiary referral speciality, and best practice is for patients with coronary or valvular heart disease to be referred to a Consultant Cardiologist for medical assessment, medical optimisation and investigation, as a first step.
- Patients who are for consideration of cardiac surgery will be referred to Consultant Surgeon by the Consultant Cardiologist on the advice of a joint Cardiology-Cardiac Surgery MDT.
- Tertiary referrals will be accepted for: Coronary Artery Disease Valvular Heart Disease Thoracic Aortic Aneurysms Arrhythmia Surgery
- Direct referrals to Cardiac Surgery without prior cardiological assessment are usually inappropriate.
- Direct referral to cardiac surgery is appropriate for: Pathologies of the thoracic aorta - aneurysms Complications of previous cardiac surgery (NOT suspected M.chimaera prosthetic valve endocarditis) - Wound complications - Pleural effusions - Postoperative pain

Thoracic Surgery

Direct referral to thoracic surgery is appropriate for:

- Chest wall deformities
- Pectus excavatum
- Inhaled foreign bodies
- Thoracic outlet syndromes
- Palmar hyperhidrosis (thoracic sympathectomy)
- Complications of previous thoracic surgery: Wound complications - Pleural effusions - Postoperative pain

Surgery – Plastic

There are no Specific requirements for the following clinic types listed below and can be booked into the general clinics **York Hospital, Malton Community Hospital or further afield if patient request.**

Upper limb

Lower limb

Minor Plastic Surgery

NOS

BCC- can also be seen in **Dermatology** and **Oral & Maxillofacial** depending on where lesion is located

Vascular Malformation

Burns

Mammoplasty



Following clinic types do not tend to have published services on e-RS please consider only utilising above clinic types, please contact RSS if you require further clarity.

Craniofacial

Gynaecology and perineal reconstruction

Laser

Oncology

If the patient meets the policy criteria: refer via the usual pathway. |

If the patient does not meet the criteria: you may submit an Individual Funding Request (IFR) if you can demonstrate clinical exceptionality, for the following:

- Lipoma
- Ganglion surgery
- Benign skin lesion

Surgery -Vascular

Arterial – [York Hospital, Scarborough Hospital,](#)

- Criteria: Diagnosed infra renal Abdominal Aortic Aneurysm or Diagnosed Iliac Aneurysm.
- Nurse led clinic at York hospital

Leg ulcer

- **Conditions treated:**
 - New lower limb ulceration (within 2-16 weeks from advent), not including foot or malleolar ulceration Please specify on the referral the date of onset and the site of the new leg ulcer. Include relevant history of previous ulceration and lower limb vascular intervention
 - [Malton Community Hospital, York hospital, Selby War Memorial Hospital, Scarborough Hospital, Bridlington Hospital](#)

Lymphoedema

- No local service available - also not dealt with by Dermatology at York Hospital and is an exclusion for the general Vascular clinic at the York and Scarborough Trust hospitals (Unless advised by A&G).
- Change to NOS to bring up [The Friarage Hospital, The James Cook Hospital](#)
- Under lymphoedema clinic type -[Pinderfields Hospital Barnsley Hospital, Northern General and Darlington Hospital](#)
- Scrotal lymphedema can go to [Malton Community Hospital](#) under Urology/ NOS

Not Otherwise Specified

- **Conditions treated:**
 - General vascular conditions, including Peripheral vascular disease - intermittent claudication, rest pain, critical limb ischaemia, Buerger's disease and leg ulcers. Cerebrovascular disease - carotid artery disease. Hyperhidrosis Thoracic outlet syndrome Vasospastic disorders - Raynaud's syndrome. Venous disease - primary and recurrent varicose veins, chronic venous insufficiency and venous leg ulcers, Aneurysmal disease - aortic aneurysms, iliac aneurysms, femoral and popliteal aneurysms. Vascular malformations. Oncology venous access procedures. Paediatric vascular surgery will be considered but may lead to onward referral if not appropriate.
- [York Hospital, Selby War Memorial Hospital, Scarborough Hospital, Bridlington Hospital](#)



Varicose Veins

- As Vascular is a surgical speciality an up-to-date BMI & Smoking status (within 12 months) is required.

If you are considering referring a patient for an intervention or treatment, you must first check eligibility against the ICB's Clinical Commissioning Policies, available on the Humber and North Yorkshire Policy and Pathway Repository: [Policies - HNY Policy and Pathway Repository](#)

- **If the patient meets the policy criteria:** refer via the usual pathway.
- **If the patient does not meet the criteria:** you may submit an Individual Funding Request (IFR) if you can demonstrate clinical exceptionality.

We have created an IFR page on the PPR that covers all necessary information [Individual Funding Request - HNY Policy and Pathway Repository](#)

- York Hospital, Selby War Memorial Hospital, Scarborough Hospital, Bridlington Hospital, Malton Community Hospital

Surgery - Not Otherwise Specified

If you are considering referring a patient for an intervention or treatment, you must first check eligibility against the ICB's Clinical Commissioning Policies, available on the Humber and North Yorkshire Policy and Pathway Repository: [Policies - HNY Policy and Pathway Repository](#)

- **If the patient meets the policy criteria:** refer via the usual pathway.
- **If the patient does not meet the criteria:** you may submit an Individual Funding Request (IFR) if you can demonstrate clinical exceptionality.

We have created an IFR page on the PPR that covers all necessary information [Individual Funding Request - HNY Policy and Pathway Repository](#)

Hernia (York Hospital, Malton Community Hospital, Scarborough Hospital, Bridlington Hospital, Selby War Memorial Hospital - all RAS clinics – no Direct Booking available)

- Hernia repair for cosmetic reasons or for asymptomatic or minimally symptomatic hernias in adults is NOT routinely commissioned
 - check their patients' eligibility for treatments and interventions via website [Home - HNY Policy and Pathway Repository](#)
- Repair of suspected femoral hernias, inguinal hernias in women, or any irreducible hernias is commissioned and should be referred urgently due to the increased risk of incarceration/strangulation
 - These hernia referrals DO NOT require prior approval
 - Required to be processed as urgent

Lumps and Bumps: (York Hospital, Malton Community Hospital, Scarborough Hospital, Bridlington Hospital- All RAS clinics)

If you are considering referring a patient for an intervention or treatment, you must first check eligibility against the ICB's Clinical Commissioning Policies, available on the Humber and North Yorkshire Policy and Pathway Repository: [Policies - HNY Policy and Pathway Repository](#)

- **If the patient meets the policy criteria:** refer via the usual pathway.
- **If the patient does not meet the criteria:** you may submit an Individual Funding Request (IFR) if you can demonstrate clinical exceptionality.



For the following:

- Large Lipomas requires IFR if does not meet criteria
- Sebaceous Cysts requires IFR if does not meet criteria
- Consultation any hospital, surgery would be at York Scarborough or Bridlington Hospital

Endocrine Surgery

There is no service provided by York & Scarborough Teaching Hospitals NHS Foundation Trust for this condition. – please see [Endocrinology](#) section of this guide

Urology

Malton Community Hospital serves as the primary one-stop clinic for patients in the York and Scarborough areas. The initial appointment will take place there, where the patient should expect to attend for several hours to complete any required tests and receive results on the same day. Any subsequent follow-up appointments may be scheduled at either York Hospital or Scarborough Hospital.

(All RAS clinics)

(In) Continence

- Female Urinary Problems (Malton) Triage Service -
 - All females with continence issues and associated lower urinary symptoms
- Male Lower Urinary Symptoms (Malton) Triage Service
 - Men > 40 years with lower urinary tract symptoms
 - If <40 years book to general urology clinic
- Can offer The James Cook hospital as a choice:
 - Functional urology is female clinic
 - General urology is male clinic

Erectile Dysfunction/Andrology

- One stop ED service; Erectile dysfunction all causes: primary ED, diabetic, pelvic surgery Peyronies disease Premature Ejaculation Low testosterone/ primary hypogonadism (if low FSH and LH and secondary hypogonadism then refer to endocrinology)

Haematuria (not 2WW)

- VISIBLE HAEMATURIA - Referral Criteria: Painless; after one-episode WHATEVER age Painful; Over 40 years old male and female
- NON-VISIBLE HAEMATURIA - NB risk of cancer <3% Referral Criteria: Refer all Remember non-visible haematuria is normal with a UTI, therefore only refer if it fulfils the criteria for UTI
- If clinic doesn't appear due to patients age, please book to general urology clinic.

Male Infertility

- Normally processed through via Partners GP
- If the issue is the male change to **Gynaecology/infertility** and send to Seacroft Hospital

Not Otherwise Specified (NOS)

- Chronic Scrotal Pain
- UTI



Circumcision To check your patients eligibility you will need to check the clinical commissioning policies which are available on the Pathway and Policy Repository - [Policies - HNY Policy and Pathway Repository](#). If the patient meets the criteria they can be referred, for those that don't meet the criteria and clinical exceptionality can be demonstrated an IFR application can be made., funding will ONLY be considered where criteria are met.

- Humber and North Yorkshire ICB do **NOT** routinely commission male circumcision for cultural or religious reasons; the procedure will only be considered where medically necessary. See weblink for more information [Circumcision - York - HNY Policy and Pathway Repository](#)
- **Exclusions:**
 - Cases of suspected cancer should be referred under the 2-week rule. General paediatric urology - please refer to Paediatric Urology Service Erectile Dysfunction - Refer to the Andrology Service Visible & non visible Haematuria - Refer to the
 - Haematuria Service Raised PSA - Refer to the PSA Service Lower Urinary tract infections - Refer to the Male LUTS Service Females with continence issues- Refer to the Female Urinary Service

Prostate

- Process to the NOS clinic type this will bring up two options depending on age book to either:
 - Male Lower Urinary Symptoms
 - General urology clinic

Urinary Calculus

- Stone - Urology (Malton) Triage Service
 - Known recurrent stone disease previously discharged. Loin pain? typical of ureteric colic. +/- non-visible haematuria +/- visible haematuria Persistent UTIs with stones on plain film.
 - Exclusions - New loin pain >55 yrs (exclude AAA first) Loin pain not typical of ureteric colic.

Vasectomy

- Patient can go to any hospital (not Marie Stopes or Haxby Group practice) if had previous surgery & needs to be General Anaesthetic also requires a PAT form but no proforma
- **Marie stopes Leeds** - e-RS with proforma.
 - Provider of vasectomy services in Leeds and Wakefield for Vale of York CCG patients.
 - [Patient information leaflet for Marie Stopes service](#)
 - Marie Stopes do not have a BMI limit, but they do have weight limits for their couches. In Leeds the limit is 25 stone and in Wakefield the limit is 20 stone. The decision to undertake any operation is that of the surgeon on the day.
- **Haxby Group Practice**
 - Provide vasectomy services under LA for Vale of York CCG patients.
To refer please send the signed proforma directly to Haxby Group Practice. They will be contacted directly by the practice with an appointment.
- Humber and North Yorkshire ICB do commission vasectomies under General Anaesthetic in secondary care **only** in the following circumstances:
 - Previous documented adverse reaction to LA



- Scarring or deformity from previous scrotal surgery or trauma that makes vasectomy under LA difficult to achieve
- History of coagulation disorder, inguinal scrotal hernia or cryptorchidism
- Large varicocele or hydrocele
- Where patients have previously had vasectomy on the NHS, have subsequently had a reversal of vasectomy (privately or on the NHS) and again wish to undergo vasectomy
- Please clearly detail which of these your patient has in order for them to have a secondary care procedure.
- Fear of the procedure, or patient choice are not adequate reasons for requesting vasectomy under GA, unless supporting mitigating factors are submitted to the IFR panel by the requesting clinician.

Haematospermia

- Book to general Urology clinic (Change clinic type to **Not otherwise specified**)



Individual Funding Request (IFR) Process Change

The Check+ Prior Approval system has now closed.

If you are considering referring a patient for an intervention or treatment, you must first check eligibility against the ICB's Clinical Commissioning Policies, available on the Humber and North Yorkshire Policy and Pathway Repository: [Policies - HNY Policy and Pathway Repository](#)

- **If the patient meets the policy criteria:** refer via the usual pathway.
- **If the patient does not meet the criteria:** you may submit an Individual Funding Request (IFR) if you can demonstrate clinical exceptionality.

The IFR application process changed on **1st March 2026**. Humber and North Yorkshire Integrated Care Board (ICB) no longer accepts IFR referrals via the Check+ system.

Referrers must now submit IFR applications using the electronic application form available on the Policy and Pathway Repository: [Individual Funding Request - HNY Policy and Pathway Repository](#) or via the IFR website: <https://humberandnorthyorkshire.icb.nhs.uk/individual-funding-requests/>

Completed application forms must be submitted by email to the new IFR inbox:
hnyicb.individualfundingrequests@nhs.net

Applications must be made by the clinician recommending the intervention as part of the patient's care. This will usually be the patient's GP or Consultant provided they are applying appropriately within their professional scope of practice.

Applicants are expected to submit a fully completed application form, in line with the IFR policy, along with all required supporting evidence at the time of submission. Applications that are incomplete or submitted without the necessary information will be returned to the referrer and recorded as a rejection.

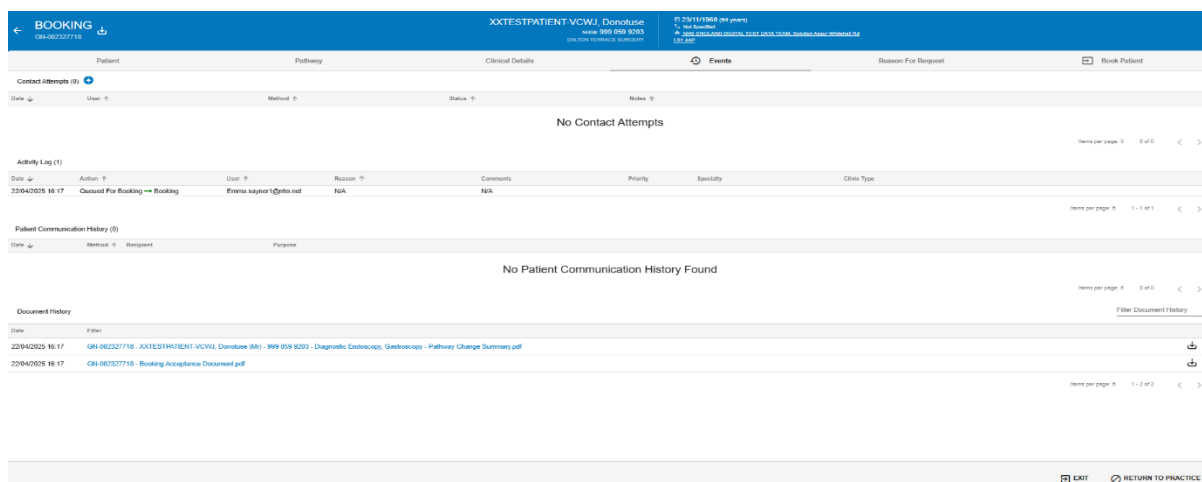
If additional information is required, the IFR Administration Team will contact the applicant directly.



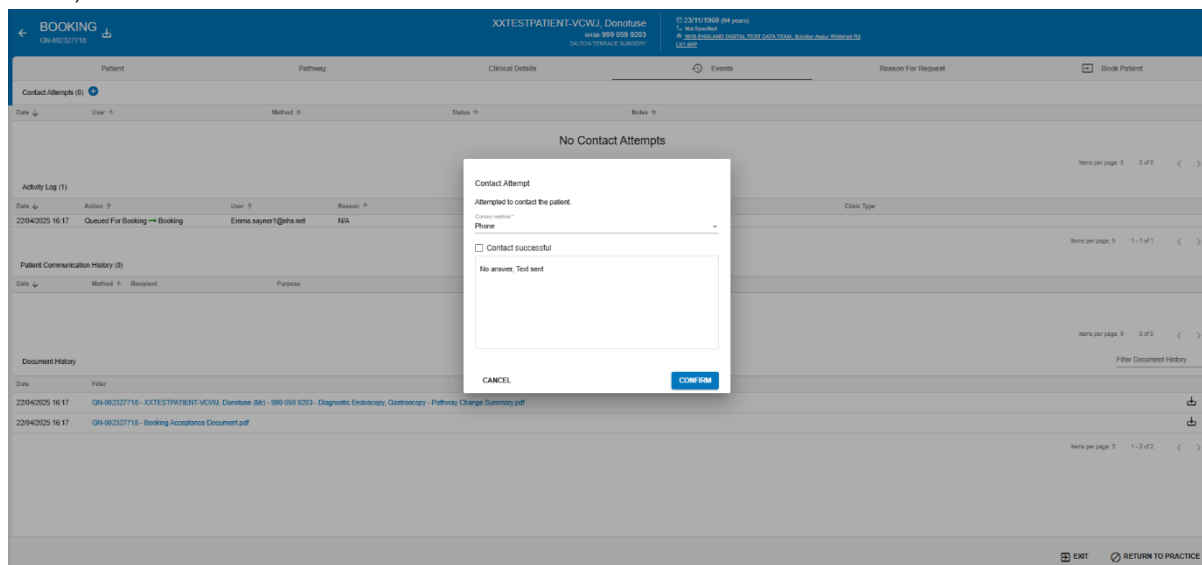
Logging patient contact attempts on Gateway

Telephone & SMS contacts and internal notes can be logged on Gateway via the **Events** tab. To log such actions:

Select  as displayed in the image below, select contact attempt method and input the occurrence



Once entered, select **confirm**



The referral can be exited. This will save a contact attempt, the referral will remain open in the booking worklist



Generating e-RS Patient Choice letters through Gateway

Select the choice of provider you wish to include on the patient letter.

The screenshot shows the 'BOOKING' screen in the NHS Gateway system. The patient is 'XXTESTPATIENT-VCWJ, Donofuse'. The screen displays a list of services and providers. The 'Service Name' column lists various audiology services, including 'Audiology - Over 18 (York) Triage Service - York & Scarborough Hospitals', 'Audiology - Over 18 (Maltby) Triage Service - York & Scarborough Hospitals', and 'Audiology - Over 18 (Selby) Triage Service - York & Scarborough Hospitals'. The 'Distance' column shows distances from 1mi to 23mi. The 'Wait Time' column shows wait times from 'Not Applicable' to 7 days. The 'Organisation' column lists various hospitals and health centres. The 'Filter' section at the bottom allows users to filter by 'Speciality' (Diagnostic, Physiological Measurement, etc.) and 'Specialist' (Audiology, Hearing Aids, etc.). The 'Update' button is visible at the bottom right.

Click **NEXT**

Select **Shortlist only**

The screenshot shows the 'BOOKING' screen in the NHS Gateway system, displaying the 'Shortlist only' view. The patient is 'XXTESTPATIENT-VCWJ, Donofuse'. The screen displays a list of services and providers. The 'Service Name' column lists various audiology services, including 'Audiology - Over 18 (York) Triage Service - York & Scarborough Hospitals', 'Audiology - Over 18 (Maltby) Triage Service - York & Scarborough Hospitals', and 'Audiology - Over 18 (Selby) Triage Service - York & Scarborough Hospitals'. The 'Organisation' column lists various hospitals and health centres. The 'Date' column shows dates from 23/04/2025 to 23/04/2027. The 'Day' column shows days of the week. The 'Time slot' column shows time slots. The 'No Appointments Found' message is displayed at the bottom. The 'Filter' section at the bottom allows users to filter by 'Speciality' (Diagnostic, Physiological Measurement, etc.) and 'Specialist' (Audiology, Hearing Aids, etc.). The 'Update' button is visible at the bottom right.



The system will ask you confirm the shortlist selection. The selection is still editable up to this point. Select **confirm**, this will transfer all of the documentation onto e-RS and generate a UBRN number.

Service Name	Distance	Wait Time	Organisation
Audiology - Over 18 (York) Triage Service - York & Scarborough Hospitals	1mi	Not Applicable	York Hospital
Audiology - Over 18 (Maltby) - Triage Service - York & Scarborough Hospitals	14mi	Not Applicable	Maltby Community Hospital
Audiology - Over 18 (Selby) Triage Service - York & Scarborough Hospitals	14mi	Not Applicable	The New Selby Vitar Memorial Hospital
Audiology - Over 18 (Thirsk) Triage Service - York & Scarborough Hospitals	20mi	Not Applicable	Thirsk Health Centre

Select **patient self-book**

PATIENT COMMUNICATIONS | **PATIENT SELF-BOOKING** | EXIT



Then select **patient communication**

The screenshot shows the NHS patient communication interface. At the top, there's a header with 'BOOKING SELF BOOKING' and patient details. Below this, there's a list of services with columns for 'Service Name', 'Distance', and 'Wait Time'. The 'PATIENT COMMUNICATIONS' button is highlighted in blue at the bottom left, with a blue arrow pointing to it from the text 'Then select patient communication'.

The patient communication page will be displayed. The correspondence address will be auto filled from the address on your patient records.

Select **preview** to display the letter.

The screenshot shows the NHS patient communication interface with a 'Patient Communications' modal open. The modal contains fields for 'Email' (Email Address, Send Email Address), 'SMS' (Mobile Number, Patient Mobile Number), and 'Letter' (Last Sent: 23 Apr 2025 12:36 PM, NHS ENGLAND DIGITAL TEST DATA1). There are 'SEND' buttons for each section and a 'Preview' button at the bottom right, which is highlighted with a blue arrow pointing to it from the text 'Select preview to display the letter.'

The letter can then be printed locally and posted to the patient.

The letter will provide the patient with the list of hospital choices along with all the information they require to book their appointment online or by telephone via national e-RS appointments line.

If the patient has the NHS app, once a referral has been shortlisted the patient is notified via the app, which can be used to manage their referral request.



Booking via e-RS

If an e-RS Choice letter is sent to the patient as mentioned on [page 53](#) of this guide, the patient is provided with an option to book their appointment online or call the national e-RS booking centre. Patient's may still choose to contact their GP Practice. The patient's referral can be processed by following the below steps.

Open and log into e-RS search for patient and the scroll down to patient activity.

Access Code tractor amp

[See patient contact details](#)

[Refer or seek advice](#)

Patient activity

Select a UBRN for more information

Last updated: 23-Apr-2025 16:13 [Refresh](#) [View archived referrals](#)

UBRN	Clinical context	Request type	Request date	Status	Appointment	Referred by
0004 5255 8371	Diagnostic Physiological Measurement/Audiology - Hearing Assess / Reassess	Referral	23-Apr-2025	Not booked	-	SCHOFIELD, Helena (Dr)
0004 5252 3398	Diagnostic Physiological Measurement/Audiology - Hearing Assess / Reassess	Referral	23-Apr-2025	Cancelled referral	-	SCHOFIELD, Helena (Dr)

[Back to top](#)

Click on the **UBRN** of the referral that requires processing, this will open the referral request

NHS e-Referral Service

UBRN: 0004 5255 8371 Patient: XXTESTPATIENTVCWJ: Donotuse (M) Sex: Male 64 years (23-Nov-1960)

[Go back](#)

Referral summary

[Download summary](#)

[Print patient referral instructions](#)

Referral details

Priority Routine

Clinical context Diagnostic Physiological Measurement/Audiology - Hearing Assess / Reassess

Referred by SCHOFIELD, Helena (Dr)

Referring organisation DALTON TERRACE SURGERY

Patient's registered practice DALTON TERRACE SURGERY

Related information [Referral history](#)

Status

NOT BOOKED

[Select action](#)

Shortlisted services

[Triage](#)
MALTON COMMUNITY HOSPITAL
Audiology - Over 18 (Malton) - Triage Service - York & Scarborough Hospitals

[Triage](#)
THE NEW SELBY WAR MEMORIAL HOSPITAL
Audiology - Over 18 (Selby) Triage Service - York & Scarborough Hospitals

[Triage](#)
THIRSK HEALTH CENTRE
Audiology - Over 18 (Thirsk) Triage Service - York & Scarborough Hospitals

[Show more](#)

Attachments

[Manage attachments](#)

File	Description	Added by	Date added
GN-002327708 - Referral Letter.pdf	GN-002327708 - Referral Letter.pdf	LEE, Lesley (Mrs)	23-Apr-2025
GN-002327708 - XXTESTPATIENTVCWJ: Donotuse (M) - 999 059 9203 - Diagnostic Physiological Measurement - Audiology - Hearing Assess Reassess - 000452523398 - Onward Booking Summary.pdf	GN-002327708 - XXTESTPATIENTVCWJ: Donotuse (M) - 999 059 9203 - Diagnostic Physiological Measurement, Audiology - Hearing Assess Reassess - 000452523398 - Onward Booking Summary.pdf	LEE, Lesley (Mrs)	23-Apr-2025



Click on the **select action** button and from the drop down **select book/send for triage**

NHS e-Referral Service

UBRN: 0004 5255 8371 Patient: XXTESTPATIENT-VCWJ, Donotuse (Mr) Sex: Male 64 years (23-Nov-1960)

Referral summary

Download summary
Print patient referral instructions

Referral details

Priority: Routine

Clinical context
Diagnostic Physiological Measurement/Audiology - Hearing Assess / Reassess

Referred by
SCHOFIELD, Helena (Dr)

Referring organisation
DALTON TERRACE SURGERY

Patient's registered practice
DALTON TERRACE SURGERY

Related information
Referral history

Status
NOT BOOKED

Shortlisted services

Attachments
Manage attachments

File **Description** **Added by** **Date added**

GN-002327708 - Referral Letter.pdf GN-002327708 - Referral Letter.pdf LEE, Lesley (Mrs) 23-Apr-2025

GN-002327708 - XXTESTPATIENT-VCWJ, Donotuse (Mr) - 999 059 9203 - Diagnostic Physiological Measurement - Audiology - Hearing Assess Reassess - 000452523398 - Onward Booking Summary.pdf GN-002327708 - XXTESTPATIENT-VCWJ, Donotuse (Mr) - 999 059 9203 - Diagnostic Physiological Measurement - Audiology - Hearing Assess Reassess - 000452523398 - Onward Booking Summary.pdf LEE, Lesley (Mrs) 23-Apr-2025

Select action
Book/send for triage
Change service
Cancel referral

The next screen will display the service options shortlisted for the patient. Once the patient indicates which hospital they would like to be referred to, select **Send for triage** (as it's a RAS or select date and time if Directly Bookable)

NHS e-Referral Service

UBRN: 0004 5255 8371 Patient: XXTESTPATIENT-VCWJ, Donotuse (Mr) Sex: Male 64 years (23-Nov-1960)

Book/Send For Triage

Referral information
Initial Referring Clinician: SCHOFIELD, Helena
Commissioning Organisation: NHS HUMBER AND NORTH YORKSHIRE ICB - 030
Initial Referring Organisation: DALTON TERRACE SURGERY

Selected Services Filter

Select	Appointment Type	Service Name	Indicative Appointment Wait	Indicative Treatment Wait	Directly Bookable	Referral Alert	Link to NHS Choices	Location
Send For Triage	Triage Service	Audiology - Over 18 (Malton) - Triage Service - York & Scarborough Hospitals	N/A		N/A	1	1	MALTON COMMUNITY HOSPITAL
Send For Triage	Triage Service	Audiology - Over 18 (Selby) Triage Service - York & Scarborough Hospitals	N/A		N/A	1	1	THE NEW SELBY WAR MEMORIAL HOSPITAL
Send For Triage	Triage Service	Audiology - Over 18 (Thirsk) Triage Service - York & Scarborough Hospitals	N/A		N/A	1	1	THIRSK HEALTH CENTRE
Send For Triage	Triage Service	Audiology - Over 18 (York) Triage Service - York & Scarborough Hospitals	N/A		N/A	1	1	YORK HOSPITAL

Appointment Slot Filter
Priority: Routine
Named Clinician: -

Available Appointments
Update Appointments List
Diary View: Day Week Month

Previous Appointments **Next Appointments**

Cancel **Service Selection** **Refer to Provider** **Request** **Book**



The following e-RS message will display, to confirm select **ok**.

NHS e-Referral Service

UBRN: 0004 5255 8371 Patient: XXTESTPATIENT-VCWJ, Donotuse (M) Sex: Male 64 years (23-Nov-1960)

Book/Send For Triage

Referral Information

Initial Referring Clinician: SCHOFIELD, Helena Commissioning Organisation: NHS HUMBER AND NORTH YORKSHIRE ICB - 015 Initial Referring Organisation: DALTON TERRACE SURGERY

Check Patient Details

Please ensure that the patient's details are correct. If they are not up to date, this may result in a delay to care. The patient needs to be aware that setting the Consent to Call Back to 'No' will prevent them from being contacted by telephone. If the patient's details are correct, click 'OK' to continue. If not, click 'Update Patient'.

Patient Name: XXTESTPATIENT-VCWJ, Donotuse (M)
Address: The England Digital Test Data Team, Whitehall Rd, Leeds, LS1 4AP
Consent to Call Back: Unknown
Contact Information: None

[Update Patient](#) [OK](#)

Available Appointments

Select	Appointment Date/Time	Service Name	Location
☐			MALTON COMMUNITY HOSPITAL
☐			THE NEW SELBY WAR MEMORIAL HOSPITAL
☐			THORP HEALTH CENTRE
☐			YORK HOSPITAL

[Cancel](#) [Service Selection](#) [Go to Provider](#) [Request](#) [Book](#)

To send the referral to the hospital select **submit**.

NHS e-Referral Service

UBRN: 0004 5255 8371 Patient: XXTESTPATIENT-VCWJ, Donotuse (M) Sex: Male 64 years (23-Nov-1960)

Check these details before you submit

UBRN: 0004 5255 8371

Clinical Term: Diagnostic Physiological Measurement

Clinic Type: Audiology - Hearing Aids / Receptors

Priority: Routine

Service Name: Audiology - Over 18 (Malton) - Triage Service - York & Scarborough Hospitals

Location: MALTON COMMUNITY HOSPITAL

[Submit](#)

[Back](#)

Continues on following page.



This will then confirm all the details and can be closed by selecting the **close** button at the bottom

NHS e-Referral Service

UBRN: 0004 5255 8371 Patient: XXTESTPATIENT\VCWJ, Donotuse (Mr) Sex: Male 64 years (23-Nov-1960)

Help Notifications Lee, Lesley

Triage Request Summary

Triage Request Details
Clinical Information

Triage request details

✔ The triage request has been submitted successfully

UBRN Created Date	Wed 23-Apr-2025 16:02
UBRN	0004 5255 8371
Clinical Term	-
Speciality	Diagnostic Physiological Measurement
Clinic Type	Audiology - Hearing Assess / Reassess
Named Clinician	-
Priority	Routine
Service Name	Audiology - Over 18 (Malton) - Triage Service - York & Scarborough Hospitals
Location	MALTON COMMUNITY HOSPITAL

Print Update Person Add Additional Requirements Modify Referral Letter Close

Select **continue** to exit and finish. The patient will now hear from their chosen provider in due course.



Amending e-RS provider shortlists

If an e-RS Choice letter is sent to the patient as mentioned on [page 53](#), the patient is provided with an option to book their appointment online or call the national e-RS booking centre.

Patient's may still choose to contact their GP Practice. The patient's referral can be amended by following the below steps.

Open and log into e-RS search for patient scroll down to patient activity.

Patient details

NHS number	999 059 9203
Date of birth	23 November 1960
Age	64 years
Sex	Male
Address	NHS ENGLAND DIGITAL TEST DATA TEAM, WHITEHALL RD LEEDS WEST YORKSHIRE LS1 4AP
Access Code	tractor amp

[See patient contact details](#)

[Refer or seek advice](#)

Patient activity

Select a UBRN for more information

Last updated: 21-May-2025 13:31 [Refresh](#) [View archived referrals](#)

UBRN	Clinical context	Request type	Request date	Status	Appointment	Referred by
0004 5445 0246	Diagnostic Physiological Measurement/Audiology - Hearing Assess	Referral	21-May-2025	Not booked	Not recorded	SCHOFIELD, Helena

Click on the **UBRN** of the referral that requires amending, this will open the referral request

NHS e-Referral Service

UBRN: 0004 5445 0246 Patient: XXTESTPATIENTVCWJ Donatuse (M) Sex: Male 64 years (23-Nov-1960)

Referring user issues since May system update [Read more](#) [Remind me later](#)

[Go back](#)

Referral summary

[Download summary](#)

[Print patient referral instructions](#)

Referral details

Priority: Routine

Clinical context: Diagnostic Physiological Measurement/Audiology - Hearing Assess / Reassess

Referred by: SCHOFIELD, Helena

Referring organisation: DALTON TERRACE SURGERY

Patient's registered practice: DALTON TERRACE SURGERY

Related information: [Referral history](#)

Status

NOT BOOKED

[Select action](#)

Shortlisted services

Triage
BRIDLINGTON AND DISTRICT HOSPITAL
[Audiology - Over 18 \(Bridlington\) - Triage Service - York & Scarborough Hospitals](#)

Triage
MALTON COMMUNITY HOSPITAL
[Audiology - Over 18 \(Malton\) - Triage Service - York & Scarborough Hospitals](#)

Triage
SCARBOROUGH GENERAL HOSPITAL
[Audiology - Over 18 \(Scarborough\) Triage Service - York & Scarborough Hospitals](#)

[Show more](#)

Attachments



If the patients want to add a hospital that is not already on the shortlisted screen Click on the **Change service** button

The next screen will display the service search criteria.



If the patient wishes to add a hospital that is not already shortlisted click the + next to add more details, this will open the following page. Add in either the post code or location of the hospital and select **Search**.

☐ Urgent
☐ 2-week wait

Step 2: Select service details
Complete at least 1 field to continue

Specialty
Diagnostic Physiological Measurement

Clinic type
Audiology - Hearing Assess / Reassess

Named clinician
[Search for a clinician](#)

Add more search detail

Find services near
☒ Postcode
For example, M19 9TY

☐ Location

Maximum distance from postcode or location (optional)
 miles

[Save as default distance](#)

Service provider organisation (optional)
An organisation that provides services. For example, a hospital.
[Search for a service provider organisation](#)

☒ Only show age and sex-appropriate services

Search **Reset**

Select the hospital required and click the green **Select Action** button and click the **book/send for triage** option

Referral service search results
Select up to 20 services that best meet the needs of your patient.

Select	Distance	Service	Notes for referrer	Appointment wait time	Average treatment wait time	CQC rating
☐	1 mile	Major YORK HOSPITAL Audiology - Dementia (York) Triage Service - York & Scarborough Hospitals	Indicative Routine Wait time up to 35 Weeks	N/A	Not recorded	Overall: No rating available
☐	1 mile	Triage YORK HOSPITAL Audiology - Over 18 (York) Triage Service - York & Scarborough Hospitals	Indicative Routine Wait time up to 36 Weeks	N/A	Not recorded	Overall: No rating available
☐	1 mile	Triage YORK HOSPITAL Audiology - Timed (York) Triage Service - York & Scarborough Hospitals	Indicative Routine Wait time up to 40 Weeks	N/A	Not recorded	Overall: No rating available
☐	14 miles	Major MALTON COMMUNITY HOSPITAL Audiology - Over 18 (Malton) - Triage Service - York & Scarborough Hospitals	Indicative Routine Wait time up to 40 Weeks	N/A	Not recorded	Overall: No rating available
☐	14 miles	Triage THE NEW SILLY WARD MEMORIAL HOSPITAL Audiology - Over 18 (Selby) Triage Service - York & Scarborough Hospitals	Indicative Routine Wait time up to 52 Weeks	N/A	Not recorded	Overall: No rating available
☐	14 miles	Triage THE NEW SILLY WARD MEMORIAL HOSPITAL Audiology - Over 18 (Selby) Triage Service - York & Scarborough Hospitals	Indicative Routine Wait time up to 30 Weeks	N/A	Not recorded	Overall: No rating available



This will show the booking screen, depending on the Hospital this will show as either Request Triage, DB or defer. As this clinic is RAS click the **Request Triage** button on the selected hospital

NHSe-Referral Service

HelpNotificationsLee Lesley

UBRN: 0004 5445 0246Patient: XXXTESTPATIENTVCWJ Donotuse (M)Sex: Male64 years (23-Nov-1960)Close

Referring user issues since May system updateRead nowRemind me later

[Go back to Search results](#)

Review service options

You have a choice of 3 services on the shortlist

Option 1 of 3

Triage

YORK HOSPITAL

[Audiology - Over 18 \(York\) Triage Service - York & Scarborough Hospitals](#)

This is a triage service

The service will review the patient's referral. If they need an appointment, the service will contact them.

Service details

Average treatment wait timeNot recorded

CQC ratingOverall: No rating available

Request triage

Option 2 of 3

Triage

MALTON COMMUNITY HOSPITAL

[Audiology - Over 18 \(Malton\) - Triage Service - York & Scarborough Hospitals](#)

This is a triage service

The service will review the patient's referral. If they need an appointment, the service will contact them.

Service details

Average treatment wait timeNot recorded

CQC ratingOverall: No rating available

Request triage



Select **continue** to exit and finish. The patient will now hear from their chosen provider in due course.



Referring AHP & MSK referrals via Gateway Book Direct

The legacy “**Book Direct**” workflow has been phased out and replaced with **AutoRoute Practice Booking**.

Instead of selecting a directly bookable service at the start of the referral, all referrals will now follow a single, standardised process:

- Complete the referral pathway
- Proceed to the booking page
- Gateway will automatically suggest the most appropriate service for booking

This means that **direct booking will no longer be a separate workflow**, but part of a unified “create and book” experience.

Please select the most appropriate option based on the referral request (please note: the below is not an exhaustive list of options - [see next page](#))



Gateway® Auto-book Configurations

Vale of York CCG

Use the table below as a reference when creating a referral in Gateway. The table shows which specialty and clinic type you as a referring user will need to select in order to display the relevant auto-book service.

Auto-book Services	Specialty	Clinic Type
AHP Dietetics	Dietetics	Not Otherwise Specified
AHP MSK	Physiotherapy	Musculoskeletal
AHP Neurology	Occupational Therapy; Physiotherapy	Not Otherwise Specified; Not Otherwise Specified
AHP Stroke Therapy	Occupational Therapy; Physiotherapy	Not Otherwise Specified; Not Otherwise Specified
AHP Rheumatology	Occupational Therapy; Physiotherapy	Not Otherwise Specified; Not Otherwise Specified
AHP Pelvic Health	Physiotherapy	Not Otherwise Specified
AHP Respiratory	Physiotherapy	Not Otherwise Specified
AHP SALT	Speech and Language Therapy	Swallowing; Communication
AHP Orthotics	Orthotics and Prosthetics	Orthotics
Selby Frailty Clinic	Geriatric Medicine	Not Otherwise Specified
TIA Clinic – York Hospital	General Medicine	Transient Ischemic Attack

If you are wanting to refer a York registered patient for prosthetics these referrals are emailed to leedsth-tr.p-oadmin@nhs.net



Gateway[®] Auto-book Configurations

North Yorkshire CCG

Use the table below as a reference when creating a referral in Gateway. The table shows which specialty and clinic type you as a referring user will need to select in order to display the relevant auto-book service.

Auto-book Services	Specialty	Clinic Type
AHP Rheumatology	Occupational Therapy; Physiotherapy	Not Otherwise Specified; Not Otherwise Specified
AHP Pelvic Health	Physiotherapy	Not Otherwise Specified
AHP Orthotics	Orthotics and Prosthetics	Orthotics
Stroke Services – York Hospital	General Medicine	Transient Ischemic Attack
TIA Clinic – York Hospital	General Medicine	Transient Ischemic Attack