# Overview

There is not a policy for every treatment that is paid for and when there is no commissioning policy for a treatment that is already in common use and routinely paid for by the NHS, it can be assumed that the commissioning policy is to pay for it. Additional commissioning policies will be developed, and existing ones will be revised, as new evidence becomes available, or a need is identified for some other reason. It should not be assumed that newly developed treatments or ones not already in common use and routinely paid for by the NHS will be paid for and provider organisations should seek confirmation of the ICB’s commissioning policy before introducing use of new treatments.

In the case of every treatment for which there is a commissioning policy, it is still possible for a clinician who thinks a person would benefit from a treatment but is not eligible under the policy, to submit an Individual Funding Request (IFR) if they consider the person’s likelihood of benefitting from the treatment to be exceptional to that of the general population. However, simply having exhausted other treatment options does not constitute exceptionality.

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| **Academy of Medical Royal Colleges’ Evidence Based Interventions (2024 update)** | | |
| **Intervention** | **Commissioning Status** | **Link to policy** |
| [Adenoidectomy for treatment of glue ear](https://ebi.aomrc.org.uk/interventions/removal-of-adenoids-for-treatment-of-glue-ear/) | Commissioned subject to criteria | <https://humberandnorthyorkshire.icb.nhs.uk/wp-content/uploads/2025/07/137-Adenoidectomy-for-glue-ear.docx> |
| [Appendicectomy without confirmation of appendicitis](https://ebi.aomrc.org.uk/interventions/appendicectomy-without-confirmation-of-appendicitis/) | Pathway | Pathway to be developed |
| [Angioplasty for PCI (percutaneous coronary intervention) in stable angina](https://ebi.aomrc.org.uk/interventions/angioplasty-for-pci-percutaneous-coronary-intervention-in-stable-angina/) | Pathway | Pathway to be developed |
| [Arthroscopic surgery for meniscal tears](https://ebi.aomrc.org.uk/interventions/arthroscopic-surgery-for-meniscal-tears/) | Pathway | Pathway to be developed |
| [Bariatric surgery referral](https://ebi.aomrc.org.uk/interventions/referral-for-bariatric-surgery/) | Commissioned subject to criteria | <https://humberandnorthyorkshire.icb.nhs.uk/wp-content/uploads/2023/07/Adult-Bariatric-Surgery-Tier-4-Follow-up-pathway.pdf> |
| [Benign skin lesion removal](https://ebi.aomrc.org.uk/interventions/removal-of-benign-skin-lesions/) | Commissioned subject to criteria | <https://humberandnorthyorkshire.icb.nhs.uk/wp-content/uploads/2025/04/135-Benign-skin-lesion-%E2%80%93-Surgical-removal-including-Excision_-Cryotherapy.docx> |
| [Blood transfusion](https://ebi.aomrc.org.uk/interventions/blood-transfusion/) | Pathway | Pathway to be developed |
| [Breast reduction](https://ebi.aomrc.org.uk/interventions/breast-reduction/) | Commissioned subject to criteria | <https://humberandnorthyorkshire.icb.nhs.uk/wp-content/uploads/2025/04/105-Breast-Reduction-Surgery.docx> |
| [Breast prosthesis removal](https://ebi.aomrc.org.uk/interventions/breast-prosthesis-removal/) | Commissioned subject to criteria | <https://humberandnorthyorkshire.icb.nhs.uk/wp-content/uploads/2024/12/Breast-Prosthesis-Removal-with-or-without-Replacement.docx> |
| [Carotid artery stenosis (asymptomatic) screening](https://ebi.aomrc.org.uk/interventions/asymptomatic-carotid-artery-stenosis-screening/) | Pathway | Pathway to be developed |
| [Carpal tunnel syndrome release](https://ebi.aomrc.org.uk/interventions/carpal-tunnel-syndrome-release/) | Commissioned subject to criteria | <https://humberandnorthyorkshire.icb.nhs.uk/wp-content/uploads/2024/12/Carpal-Tunnel-Syndrome-Release.docx> |
| Cataract surgery - [Shared decision making](https://ebi.aomrc.org.uk/interventions/shared-decision-making-for-cataract-surgery/) | Commissioned subject to criteria | <https://humberandnorthyorkshire.icb.nhs.uk/wp-content/uploads/2025/02/076-Cataract-surgery-in-adults.docx> |
| [Chalazion removal](https://ebi.aomrc.org.uk/interventions/chalazia-removal/) | Commissioned subject to criteria | <https://humberandnorthyorkshire.icb.nhs.uk/wp-content/uploads/2024/12/Incision-and-Curettage-of-Chalazion.docx> |
| [Cholecystectomy](https://ebi.aomrc.org.uk/interventions/cholecystectomy/) | Commissioned subject to criteria | <https://humberandnorthyorkshire.icb.nhs.uk/wp-content/uploads/2025/04/099-Cholecystectomy.docx> |
| [Circumcision](https://ebi.aomrc.org.uk/interventions/list-3-draft/) | Commissioned subject to criteria | <https://humberandnorthyorkshire.icb.nhs.uk/wp-content/uploads/2025/02/062-Circumcision-all-ages.docx> |
| [Colonoscopy in the management of hereditary colorectal cancer](https://ebi.aomrc.org.uk/interventions/appropriate-colonoscopy-in-the-management-of-hereditary-colorectal-cancer/) | Pathway | Pathway to be developed |
| [Colonoscopy](https://ebi.aomrc.org.uk/interventions/repeat-colonoscopy/) – Repeat colonoscopy | Pathway | Pathway to be developed |
| [Coronary angiography (diagnostic) for low risk, stable chest pain](https://ebi.aomrc.org.uk/interventions/diagnostic-coronary-angiography-for-low-risk-stable-chest-pain-2/) | Pathway | Pathway to be developed |
| [Cystoscopy for uncomplicated lower urinary tract symptoms](https://ebi.aomrc.org.uk/interventions/cystoscopy-for-uncomplicated-lower-urinary-tract-symptoms/) | Commissioned subject to criteria | <https://humberandnorthyorkshire.icb.nhs.uk/wp-content/uploads/2025/04/101-Cystoscopy-for-men-with-lower-urinary-tract-symptoms.docx> |
| [Dilatation & curettage for heavy menstrual bleeding](https://ebi.aomrc.org.uk/interventions/dilatation-curettage-for-heavy-menstrual-bleeding/) | Not routinely commissioned | <https://humberandnorthyorkshire.icb.nhs.uk/wp-content/uploads/2024/12/Dilation-and-Curettage-DC-for-diagnosis-or-treatment-for-heavy-menstrual-bleeding.docx> |
| [Dupuytren’s contracture release in adults](https://ebi.aomrc.org.uk/interventions/dupuytrens-contracture-release-in-adults/) | Commissioned subject to criteria | <https://humberandnorthyorkshire.icb.nhs.uk/wp-content/uploads/2025/04/116-Dupuytrens-Contracture-Surgery-including-Needle-fasciotomy_-fasciectomy-and-dermofasciectomy.docx> |
| [Early endoscopic retrograde cholangiopancreatography (ERCP) in acute gallstone pancreatitis without cholangitis](https://ebi.aomrc.org.uk/interventions/early-endoscopic-retrograde-cholangiopancreatography-ercp-in-acute-gallstone-pancreatitis-without-cholangitis/) | Pathway | Pathway to be developed |
| [Exercise electrocardiogram (ECG) for screening for coronary heart disease](https://ebi.aomrc.org.uk/interventions/exercise-electrocardiogram-ecg-for-screening-for-coronary-heart-disease/) | Pathway | Pathway to be developed |
| [Electrocardiogram (ECG)](https://ebi.aomrc.org.uk/interventions/pre-operative-electrocardiogram-ecg/) – Pre-operative | Pathway | Pathway to be developed |
| [Fusion surgery for mechanical axial low back pain](https://ebi.aomrc.org.uk/interventions/fusion-surgery-for-mechanical-axial-low-back-pain-2/) | Commissioned subject to criteria | <https://humberandnorthyorkshire.icb.nhs.uk/wp-content/uploads/2025/07/139-Spinal-fusion.docx> |
| [Grommets for glue ear in children](https://ebi.aomrc.org.uk/interventions/grommets-for-glue-ear-in-children/) | Commissioned subject to criteria | <https://humberandnorthyorkshire.icb.nhs.uk/wp-content/uploads/2025/04/088-Grommets-for-glue-ear-in-children.docx> |
| [Ganglion excision](https://ebi.aomrc.org.uk/interventions/ganglion-excision/) | Commissioned subject to criteria | <https://humberandnorthyorkshire.icb.nhs.uk/wp-content/uploads/2024/12/Ganglion-Excision.docx> |
| [Glaucoma referral criteria](https://ebi.aomrc.org.uk/interventions/glaucoma-referral-criteria/) | Pathway | Pathway to be developed |
| Haematuria - [non-visible haematuria](https://ebi.aomrc.org.uk/interventions/non-visible-haematuria/) | Pathway | Pathway being reviewed |
| [Haemorrhoid surgery](https://ebi.aomrc.org.uk/interventions/haemorrhoid-surgery/) | Commissioned subject to criteria | <https://humberandnorthyorkshire.icb.nhs.uk/wp-content/uploads/2025/02/063-Haemorrhoid-Surgery.docx> |
| [Helmet therapy for treatment of positional plagiocephaly/brachycephaly in children](https://ebi.aomrc.org.uk/interventions/helmet-therapy-for-treatment-of-positional-plagiocephaly-brachycephaly-in-children/) | Not routinely commissioned | <https://humberandnorthyorkshire.icb.nhs.uk/wp-content/uploads/2025/07/138-Cranial-moulding-orthosis-_-helmet-therapy.docx> |
| Hernia (inguinal) - [Repair of minimally symptomatic inguinal hernia](https://ebi.aomrc.org.uk/interventions/repair-of-minimally-symptomatic-inguinal-hernia/) | Commissioned subject to criteria | <https://humberandnorthyorkshire.icb.nhs.uk/wp-content/uploads/2025/04/108-Inguinal-hernia-repair-adults.docx> |
| [Hysterectomy for heavy menstrual bleeding](https://ebi.aomrc.org.uk/interventions/hysterectomy-for-heavy-menstrual-bleeding/) | Commissioned subject to criteria | <https://humberandnorthyorkshire.icb.nhs.uk/wp-content/uploads/2025/02/078-Hysterectomy-for-menorrhagia.docx> |
| [Injections for isolated lower back pain without sciatica](https://ebi.aomrc.org.uk/interventions/injections-for-nonspecific-low-back-pain-without-sciatica-2/) | Commissioned subject to criteria | <https://humberandnorthyorkshire.icb.nhs.uk/wp-content/uploads/2024/12/Spinal-Injections-Facet-joint-injections-of-Local-Anaesthetic-and-Steroid-Sciatica.docx> |
| Kidney stones - [Surgical removal of kidney stones](https://ebi.aomrc.org.uk/interventions/surgical-removal-of-kidney-stones/) | Commissioned subject to criteria | <https://humberandnorthyorkshire.icb.nhs.uk/wp-content/uploads/2025/07/140-Surgical-removal-of-kidney-stones.docx> |
| [Knee arthroscopy for patients with osteoarthritis](https://ebi.aomrc.org.uk/interventions/knee-arthroscopy-for-patients-with-osteoarthritis/) | Not routinely commissioned | <https://humberandnorthyorkshire.icb.nhs.uk/wp-content/uploads/2025/04/126-Arthroscopic-lavage-and-debridement-for-Knee-Osteoarthritis.docx> |
| [Low back pain imaging](https://ebi.aomrc.org.uk/interventions/low-back-pain-imaging-2/) | Pathway | Pathway to be developed |
| [Lumbar radiofrequency facet joint denervation](https://ebi.aomrc.org.uk/interventions/lumbar-radiofrequency-facet-joint-denervation/) | Commissioned subject to criteria | <https://humberandnorthyorkshire.icb.nhs.uk/wp-content/uploads/2025/06/151-Radiofrequency-denervation-of-the-facet-joint-for-Chronic-Low-Back-Pain-without-Radiculopathy-Sciatica.docx> |
| [Lumbar discectomy](https://ebi.aomrc.org.uk/interventions/lumbar-discectomy/) | Pathway | Pathway being reviewed |
| MRI - [Knee MRI for suspected meniscal tears](https://ebi.aomrc.org.uk/interventions/knee-mri-for-suspected-meniscal-tears/) | Pathway | Pathway to be developed |
| MRI - [Knee MRI when symptoms are suggestive of osteoarthritis](https://ebi.aomrc.org.uk/interventions/knee-mri-when-symptoms-are-suggestive-of-osteoarthritis/) | Pathway | Pathway being reviewed |
| [MRI scan of the hip for arthritis](https://ebi.aomrc.org.uk/interventions/mri-scan-of-the-hip-for-arthritis/) | Pathway | Pathway to be developed |
| [Optical coherence tomography (OCT) use in diabetic retinopathy referral](https://ebi.aomrc.org.uk/interventions/optical-coherence-tomography-oct-use-in-diabetic-retinopathy-referral/) | Pathway | Pathway to be developed |
| [Pre-operative chest x-ray](https://ebi.aomrc.org.uk/interventions/pre-operative-chest-x-ray/) | Pathway | Pathway to be developed |
| Prostate - [Needle biopsy of prostate](https://ebi.aomrc.org.uk/interventions/needle-biopsy-of-prostate/) | Pathway | Pathway to be developed |
| [PSA Testing for men aged 80 years and above](https://ebi.aomrc.org.uk/interventions/psa-testing-for-men-aged-80-years-and-above/) | Pathway | Pathway being reviewed |
| Recurrent UTIs - [Investigation and onward referral of women with recurrent urinary tract infections (rUTIs)](https://ebi.aomrc.org.uk/interventions/investigation-and-onward-referral-of-women-with-recurrent-uti/) | Pathway | Pathway to be developed |
| Rhinosinusitis - [Surgical intervention for chronic rhinosinusitis](https://ebi.aomrc.org.uk/interventions/surgical-intervention-for-chronic-rhinosinusitis/) | Commissioned subject to criteria | <https://humberandnorthyorkshire.icb.nhs.uk/wp-content/uploads/2025/04/093-Endoscopic-sinus-surgery-for-chronic-rhinosinusitis.docx> |
| Shoulder decompression - [Arthroscopic shoulder decompression for subacromial pain](https://ebi.aomrc.org.uk/interventions/arthroscopic-shoulder-decompression-for-subacromial-pain/) | Commissioned subject to criteria | <https://humberandnorthyorkshire.icb.nhs.uk/wp-content/uploads/2024/12/Arthroscopic-shoulder-decompression.docx> |
| Shoulder pain - [Scans for shoulder pain and guided injections for shoulder pain](https://ebi.aomrc.org.uk/interventions/scans-for-shoulder-pain-and-guided-injections-for-shoulder-pain/) | Commissioned subject to criteria | <https://humberandnorthyorkshire.icb.nhs.uk/wp-content/uploads/2025/07/142-Ultrasound-guided-injection-USGI-of-soft-tissue-or-joints.docx> |
| [Snoring surgery (in the absence of obstructive sleep apnoea)](https://ebi.aomrc.org.uk/interventions/snoring-surgery-in-the-absence-of-obstructive-sleep-apnoea/) | Commissioned subject to criteria | <https://humberandnorthyorkshire.icb.nhs.uk/wp-content/uploads/2024/12/Snoring-Surgery-in-the-absence-of-obstructive-sleep-apnoea%E2%80%AF.docx> |
| [Tonsillectomy for recurrent tonsillitis](https://ebi.aomrc.org.uk/interventions/tonsillectomy-for-recurrent-tonsillitis/) | Commissioned subject to criteria | <https://humberandnorthyorkshire.icb.nhs.uk/wp-content/uploads/2025/02/055-Tonsillectomy-for-Recurrent-Tonsillitis-revision-from-EBI-autumn-update.docx> |
| [Transurethral resection of bladder tumour (TURBT) single post instillation of mitomycin C (SPI-MMC)](https://ebi.aomrc.org.uk/interventions/transurethral-resection-of-bladder-tumour/) | Pathway | Pathway to be developed |
| [Trigger finger release in adults](https://ebi.aomrc.org.uk/interventions/trigger-finger-release-in-adults/) | Commissioned subject to criteria | <https://humberandnorthyorkshire.icb.nhs.uk/wp-content/uploads/2024/12/Trigger-finger-release-surgery.docx> |
| [Troponin test](https://ebi.aomrc.org.uk/interventions/troponin-test/) | Pathway | Pathway to be developed |
| [Surgical intervention for Bladder Outflow Obstruction (BOO)](https://ebi.aomrc.org.uk/interventions/turbt-single-post-instillation-of-mitomycin-c/) | Pathway | Pathway to be developed |
| [Varicose vein interventions](https://ebi.aomrc.org.uk/interventions/varicose-vein-interventions/) | Commissioned subject to criteria | <https://humberandnorthyorkshire.icb.nhs.uk/wp-content/uploads/2024/12/Varicose-vein-interventions.docx> |
| [Vertebral augmentation for painful osteoporotic vertebral fractures](https://ebi.aomrc.org.uk/interventions/vertebral-augmentation-for-painful-osteoporotic-vertebral-fractures/) | Commissioned subject to criteria | <https://humberandnorthyorkshire.icb.nhs.uk/wp-content/uploads/2025/07/141-Vertebral-augmentation-for-painful-osteoporotic-fractures.docx> |

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| **Additional HNY ICB Evidence Based Interventions** | | |
| **Intervention** | **Commissioning Status** | **Link to policy** |
| Abdominoplasty (including repair of Diastasis Recti) | Commissioned subject to criteria | <https://humberandnorthyorkshire.icb.nhs.uk/wp-content/uploads/2024/12/Abdominoplasty-including-repair-of-Diastasis-Recti-and-Apronectomy.docx> |
| Arthroscopic hip surgery | Commissioned subject to criteria | <https://humberandnorthyorkshire.icb.nhs.uk/wp-content/uploads/2024/12/Arthroscopic-hip-surgery.docx> |
| Botulinum Toxin A and Chronic Migraine | Commissioned subject to criteria | <https://humberandnorthyorkshire.icb.nhs.uk/wp-content/uploads/2025/02/074-Botulinum-Toxin-A-and-Chronic-Migraine.docx> |
| Botulinum Toxin A injections into the bladder wall | Commissioned subject to criteria | <https://humberandnorthyorkshire.icb.nhs.uk/wp-content/uploads/2024/12/033-Botulinum-toxin-A-injections-into-the-bladder-wall-AL-redraft-September-2024.docx> |
| Botulinum Toxin Type A injection to Masticatory Muscles | Not routinely commissioned | <https://humberandnorthyorkshire.icb.nhs.uk/wp-content/uploads/2025/07/145-Botulinum-Toxin-A-injection-to-Masticatory-Muscles.docx> |
| Botulinum Toxin A for Spasmodic Dysphonia | Commissioned subject to criteria | <https://humberandnorthyorkshire.icb.nhs.uk/wp-content/uploads/2025/02/075-Botulinum-Toxin-A-for-Spasmodic-Dysphonia.docx> |
| Breast Asymmetry Correction | Commissioned subject to criteria | <https://humberandnorthyorkshire.icb.nhs.uk/wp-content/uploads/2024/12/Breast-Asymmetry-Correction.docx> |
| Breast Enlargement Surgery | Not routinely commissioned | <https://humberandnorthyorkshire.icb.nhs.uk/wp-content/uploads/2025/04/098-Breast-Enlargement-Surgery.docx> |
| Chronic anal fissure interventions (all ages) – Botulinum toxin injection, Fissurectomy and Lateral internal sphincterotomy | Commissioned subject to criteria | <https://humberandnorthyorkshire.icb.nhs.uk/wp-content/uploads/2025/02/060-Chronic-anal-fissure-interventions-all-ages-Botulinum-toxin-injection-Fissurectomy-and-Lateral-internal-sphincterotomy.docx> |
| Cleft (split) earlobe surgery | Commissioned subject to criteria | <https://humberandnorthyorkshire.icb.nhs.uk/wp-content/uploads/2024/12/Cleft-split-earlobe-surgery%E2%80%AF.docx> |
| Complementary alternative therapies | Commissioned subject to criteria | <https://humberandnorthyorkshire.icb.nhs.uk/wp-content/uploads/2024/12/Complementary-alternative-therapies.docx> |
| Continued Continuous Positive Airway Pressure (CPAP) | Commissioned subject to criteria | <https://humberandnorthyorkshire.icb.nhs.uk/wp-content/uploads/2025/04/084-Continuous-Positive-Airway-Pressure-CPAP-for-obstructive-airway-and-hypoventilation-sleep-syndromes.docx> |
| Corrective Surgery, Lens Implants and Laser Treatment for Refractive error (short or long sightedness, astigmatism) | Commissioned subject to criteria | <https://humberandnorthyorkshire.icb.nhs.uk/wp-content/uploads/2024/12/Corrective-Surgery-Lens-Implants-and-Laser-Treatment-for-Refractive-error-short-or-long-sightedness-astigmatism%E2%80%AF.docx> |
| Cosmetic/Plastic Surgery | Commissioned subject to criteria | <https://humberandnorthyorkshire.icb.nhs.uk/wp-content/uploads/2025/04/100-Cosmetic-or-Plastic-Surgery.docx> |
| Dermal Fillers | Commissioned subject to criteria | <https://humberandnorthyorkshire.icb.nhs.uk/wp-content/uploads/2025/01/019-Dermal-Fillers.docx> |
| Dynamic Splinting using Lycra Suits or Orthotics | Not routinely commissioned | <https://humberandnorthyorkshire.icb.nhs.uk/wp-content/uploads/2025/02/041-Dynamic-Splinting-using-Lycra-Suits-or-Orthotics.docx> |
| Elective Caesarean Section (non-clinical reasons) | Commissioned subject to criteria | <https://humberandnorthyorkshire.icb.nhs.uk/wp-content/uploads/2024/12/Elective-Caesarean-Section-non-clinical-reasons.docx> |
| Endoscopic thoracic sympathectomy | Commissioned subject to criteria | <https://humberandnorthyorkshire.icb.nhs.uk/wp-content/uploads/2025/02/077-Endoscopic-thoracic-sympathectomy.docx> |
| Epididymal Cyst Surgery | Commissioned subject to criteria | <https://humberandnorthyorkshire.icb.nhs.uk/wp-content/uploads/2024/12/Epididymal-Cyst-Surgery.docx> |
| Exogen Ultrasound Bone Healing (Exogen Therapy) | Commissioned subject to criteria | <https://humberandnorthyorkshire.icb.nhs.uk/wp-content/uploads/2025/04/087-Exogen-Ultrasound-Bone-Healing-Exogen-Therapy.docx> |
| Extra Corporeal Shockwave Therapy (ESWT), Ankle, Elbow, Heel, Hip, Shoulder | Not routinely commissioned | <https://humberandnorthyorkshire.icb.nhs.uk/wp-content/uploads/2024/12/Extra-Corporeal-Shockwave-Therapy-ESWT-Ankle-Elbow-Heel-Hip-Shoulder.docx> |
| Eyelid Surgery (Blepharoplasty) | Commissioned subject to criteria | <https://humberandnorthyorkshire.icb.nhs.uk/wp-content/uploads/2024/12/Eyelid-Surgery-Blepharoplasty.docx> |
| Face, Neck and Brow lifts (Rhytidectomy) | Commissioned subject to criteria | <https://humberandnorthyorkshire.icb.nhs.uk/wp-content/uploads/2024/12/Face-Neck-and-Brow-lifts-Rhytidectomy.docx> |
| Functional Electrical Stimulation (FES) | Commissioned subject to criteria | <https://humberandnorthyorkshire.icb.nhs.uk/wp-content/uploads/2025/04/117-Functional-Electrical-Stimulation-FES.docx> |
| Gastroelectrical Stimulation (GES) / Gastro neuromodulation | Not routinely commissioned | <https://humberandnorthyorkshire.icb.nhs.uk/wp-content/uploads/2025/04/118-Gastroelectrical-Stimulation-GES-OR-Gastro-neuromodulation.docx> |
| Hallux valgus (bunion) surgery | Commissioned subject to criteria | <https://humberandnorthyorkshire.icb.nhs.uk/wp-content/uploads/2025/02/061-Hallux-valgus-bunion-surgery.docx> |
| Hair Removal by Intense pulsed light (IPL), laser or electrolysis for Hirsutism | Commissioned subject to criteria | <https://humberandnorthyorkshire.icb.nhs.uk/wp-content/uploads/2024/12/Hair-Removal-by-Intense-pulsed-light-IPL-laser-or-electrolysis-for-Hirsutism.docx> |
| Hair Replacement Technologies | Not routinely commissioned | <https://humberandnorthyorkshire.icb.nhs.uk/wp-content/uploads/2024/12/Hair-Replacement-Technologies.docx> |
| Health Optimisation | Commissioned subject to criteria | <https://humberandnorthyorkshire.icb.nhs.uk/wp-content/uploads/2024/09/Health-Optimisation-FINAL.pdf> |
| Hip arthroplasty (choice of implant) | Commissioned subject to criteria | <https://humberandnorthyorkshire.icb.nhs.uk/wp-content/uploads/2025/07/154-Hip-arthroplasty-choice-of-implant.docx> |
| Hip and Knee Replacement | Commissioned subject to criteria | <https://humberandnorthyorkshire.icb.nhs.uk/wp-content/uploads/2025/04/124-Hip-and-Knee-Replacement-Surgery.docx> |
| Hydrocele correction | Commissioned subject to criteria | <https://humberandnorthyorkshire.icb.nhs.uk/wp-content/uploads/2025/02/065-Hydrocele-correction.docx> |
| Hyperhidrosis treatment with Botulinum Toxin | Commissioned subject to criteria | <https://humberandnorthyorkshire.icb.nhs.uk/wp-content/uploads/2024/12/Hyperhidrosis-treatment-with-Botulinum-Toxin.docx> |
| Ilizarov Technique Taylor Spatial Frame (TSF) (Frame surgery) | Commissioned subject to criteria | <https://humberandnorthyorkshire.icb.nhs.uk/wp-content/uploads/2024/12/Ilizarov%E2%80%AFTechnique-Taylor-Spatial-Frame-TSF-Frame-surgery.docx> |
| Infusion therapy – Chronic non-cancer pain | Not routinely commissioned | <https://humberandnorthyorkshire.icb.nhs.uk/wp-content/uploads/2024/12/Infusion-therapy-%E2%80%93-Chronic-non-cancer-pain.docx> |
| Intravitreal injectable anti-VEGF agents for eye disease | Commissioned subject to criteria | <https://humberandnorthyorkshire.icb.nhs.uk/wp-content/uploads/2025/04/079-Intravitreal-injectable-anti-VEGF-agents-for-eye-disease.docx> |
| Irrigation of the external auditory canal | Not routinely commissioned | <https://humberandnorthyorkshire.icb.nhs.uk/wp-content/uploads/2025/04/089-Irrigation-of-the-external-Auditory-Canal.docx> |
| Laser or Intense Pulsed Light (IPL) treatment | Not routinely commissioned | <https://humberandnorthyorkshire.icb.nhs.uk/wp-content/uploads/2025/07/150-Laser-or-Intense-Pulsed-Light-IPL-treatment-AL.docx> |
| Liposuction | Commissioned subject to criteria | <https://humberandnorthyorkshire.icb.nhs.uk/wp-content/uploads/2024/12/Liposuction.docx> |
| Male Gynaecomastia Reduction Surgery | Commissioned subject to criteria | <https://humberandnorthyorkshire.icb.nhs.uk/wp-content/uploads/2024/12/Male-Gynaecomastia-Reduction-Surgery.docx> |
| Oculoplastic Eye Surgery | Commissioned subject to criteria | <https://humberandnorthyorkshire.icb.nhs.uk/wp-content/uploads/2025/02/081-Oculoplastic-Eye-Surgery.docx> |
| Open, Wide Bore and Upright Magnetic Resonance Imaging (MRI) | Commissioned subject to criteria | <https://humberandnorthyorkshire.icb.nhs.uk/wp-content/uploads/2024/12/Open-Wide-Bore-and-Upright-Magnetic-Resonance-Imaging-MRI.docx> |
| Percutaneous Tibial Nerve Stimulation (PTNS) for Faecal Incontinence | Commissioned subject to criteria | <https://humberandnorthyorkshire.icb.nhs.uk/wp-content/uploads/2025/04/111-Percutaneous-Tibial-Nerve-Stimulation-PTNS-for-Faecal-Incontinence.docx> |
| Percutaneous Tibial Nerve Stimulation (PTNS) for Urinary Incontinence | Commissioned subject to criteria | <https://humberandnorthyorkshire.icb.nhs.uk/wp-content/uploads/2025/04/112-Percutaneous-Tibial-Nerve-Stimulation-PTNS-for-Urinary-Incontinence.docx> |
| Photodynamic Therapy (PDT) – for Central Serous Retinopathy | Commissioned subject to criteria | <https://humberandnorthyorkshire.icb.nhs.uk/wp-content/uploads/2024/12/Photodynamic-Therapy-PDT-%E2%80%93-for-Central-Serous-Retinopathy.docx> |
| Pinnaplasty (Otoplasty) | Commissioned subject to criteria | <https://humberandnorthyorkshire.icb.nhs.uk/wp-content/uploads/2024/12/Pinnaplasty-Otoplasty.docx> |
| Resperate© (Intercure Ltd) | Not routinely commissioned | <https://humberandnorthyorkshire.icb.nhs.uk/wp-content/uploads/2024/12/Resperate%C2%A9-Intercure-Ltd.docx> |
| Resurfacing Procedures: Dermabrasion, Chemical Peels and Laser Treatment | Not routinely commissioned | <https://humberandnorthyorkshire.icb.nhs.uk/wp-content/uploads/2025/04/090-Resurfacing-Procedure.docx> |
| Reversal of Sterilisation | Not routinely commissioned | <https://humberandnorthyorkshire.icb.nhs.uk/wp-content/uploads/2024/12/Reversal-of-Sterilisation.docx> |
| Sacral nerve stimulation (neuromodulation) for Idiopathic chronic urinary retention in Men and Women | Commissioned subject to criteria | <https://humberandnorthyorkshire.icb.nhs.uk/wp-content/uploads/2024/12/Sacral-nerve-stimulation-neuromodulation-for-Idiopathic-chronic-urinary-retention-in-Men-and-Women.docx> |
| Sacral Nerve Stimulation (SNS) – Faecal Retention | Not routinely commissioned | <https://humberandnorthyorkshire.icb.nhs.uk/wp-content/uploads/2024/12/Sacral-Nerve-Stimulation-SNS-%E2%80%93-Faecal-Retention.docx> |
| Scar revision and skin resurfacing | Commissioned subject to criteria | <https://humberandnorthyorkshire.icb.nhs.uk/wp-content/uploads/2025/04/109-Scar-revision-and-skin-resurfacing.docx> |
| Sleep Studies | Commissioned subject to criteria | <https://humberandnorthyorkshire.icb.nhs.uk/wp-content/uploads/2025/04/094-Sleep-Studies.docx> |
| Spinal Epidural injections | Commissioned subject to criteria | <https://humberandnorthyorkshire.icb.nhs.uk/wp-content/uploads/2025/04/131-Spinal-Epidural-injections-caudal-epidural_-lumbar-epidural_-transforaminal-epidural-or-nerve-root-injections.docx> |
| Spinal Injections & Facet joint injections of Local Anaesthetic and Steroid in people with Non-Specific Low Back Pain without Radiculopathy (Sciatica) | Commissioned subject to criteria | <https://humberandnorthyorkshire.icb.nhs.uk/wp-content/uploads/2025/06/054-Spinal-and-facet-joint-injections-for-non-specific-low-back-pain-without-sciatica-Feb-2025-revision.docx> |
| Surgery for nasal deformity (including Rhinoplasty, Septorhinoplasty and Septoplasty) | Commissioned subject to criteria | <https://humberandnorthyorkshire.icb.nhs.uk/wp-content/uploads/2025/04/092-Surgery-for-nasal-deformity-including-Rhinoplasty_-Septorhinoplasty-and-Septoplasty.docx> |
| Tattoo Removal | Commissioned subject to criteria | <https://humberandnorthyorkshire.icb.nhs.uk/wp-content/uploads/2024/12/Tattoo-Removal.docx> |
| Tenotomy for curly toes in children | Commissioned subject to criteria | <https://humberandnorthyorkshire.icb.nhs.uk/wp-content/uploads/2025/02/067-Tenotomy-for-curly-toes-in-children.docx> |
| Thigh and buttock lift | Not routinely commissioned | <https://humberandnorthyorkshire.icb.nhs.uk/wp-content/uploads/2024/12/Thigh-and-buttock-lift.docx> |
| Tier 3 Weight Management Services | Commissioned subject to criteria | <https://humberandnorthyorkshire.icb.nhs.uk/wp-content/uploads/2024/11/Tier-3-Weight-Management-Services_FINAL.docx> |
| Trigger Point Injections | Not routinely commissioned | <https://humberandnorthyorkshire.icb.nhs.uk/wp-content/uploads/2025/07/143-Trigger-Point-Injections-AL.docx> |
| Ultrasound guided injection (USGI) of soft tissue or joints | Commissioned subject to criteria | <https://humberandnorthyorkshire.icb.nhs.uk/wp-content/uploads/2025/07/142-Ultrasound-guided-injection-USGI-of-soft-tissue-or-joints.docx> |
| Vaginoplasty, Labiaplasty and Hymenorrhaphy | Commissioned subject to criteria | <https://humberandnorthyorkshire.icb.nhs.uk/wp-content/uploads/2025/04/136-Vaginoplasty_-Labiaplasty-and-Hymenorrhaphy.docx> |
| Vasectomy | Commissioned subject to criteria | <https://humberandnorthyorkshire.icb.nhs.uk/wp-content/uploads/2025/02/037-Vasectomy.docx> |
| Wireless or Implantable Functional Electrical Stimulation (FES) | Commissioned subject to criteria | <https://humberandnorthyorkshire.icb.nhs.uk/wp-content/uploads/2024/12/Wireless-or-Implantable-Functional-Electrical-Stimulation-FES.docx> |