

#### **Daily ICS doses for children and young people aged 16 and under**

- Low dose ICS: less than or equal to 200 micrograms budesonide or equivalent
- Moderate dose ICS: more than 200 micrograms to 400 micrograms budesonide or equivalent
- High dose ICS: more than 400 micrograms budesonide or equivalent

#### **Monitor asthma control at every review**

- Confirm the person's adherence to prescribed treatment.
- Review the person's inhaler technique.
- Review if treatment needs to be changed.
- Smoking cessation advice.
- Education to families of children with wheeze.

#### **Red Flags for Paediatric Referral**

- Diagnosis unclear or in doubt
- Symptoms present from birth or perinatal lung problem
- Excessive vomiting or possetting
- Persistent wet or productive cough
- Family history of unusual chest disease
- Faltering growth
- Nasal polyps
- Unexpected clinical findings, focal signs, abnormal voice, cry, dysphagia, finger clubbing
- Inspiratory stridor
- Failure to respond to treatment or frequent use of steroids tablets