|  |  |
| --- | --- |
| **FOR PATIENTS REQUIRING:** | **REFERRAL OPTIONS FOR APPROPRIATE PATIENT MANAGEMENT** |
| * Patients requiring a home visit.
* Provision of walking aid or equipment or mobility assessment as a standalone contact
* Neurological conditions eg CVA, MS, PD, MND, Peripheral Neuropathy
 | CHCP NHS Service <https://www.chcpcic.org.uk/chcp-services/hull-and-east-riding-community-rehabilitation>01482247111For urgent issues or to aid prevention of hospital admission please refer to <https://www.chcpcic.org.uk/chcp-services/intermediate-care> |
| * Respiratory/CVS conditions eg Asthma, COPD, CCF
 | CHCP NHS Service <https://www.chcpcic.org.uk/chcp-services/intermediate-care-services><https://www.chcpcic.org.uk/chcp-services/pulmonary-rehabilitation-east-riding>01482247111 |
| * Falls associated with fragility and falls through poor mobility
 | CHCP NHS Service <https://www.chcpcic.org.uk/chcp-services/hull-east-riding-falls-service> |
| * Urinary Incontinence and vaginal prolapse including post-natal pelvic floor issues.
* Diastasis Rectus post-partum
 | CHCP NHS Service <https://www.chcpcic.org.uk/chcp-services/bladder-bowel-health>Women’s Health Physiotherapy referral needed via HUTH for Diastasis, specific pre- and post-partum issues.  |
| * Chronic Fatigue Syndrome as primary diagnosis
 | Humber NHS Service <https://www.humber.nhs.uk/Services/chronic-fatigue-syndrome-service-cfs.htm>orYorkshire Fatigue ME/CFS Service & Yorkshire Fatigue Clinic<https://www.chcpcic.org.uk/chcp-services/yorkshire-fatigue-me-cfs-service> |
| * Amputees of lower or upper limb
 | HUTH NHS Service <https://www.hey.nhs.uk/limbunit/> |
| * Dizziness, vertigo and other vestibular conditions including balance disorders.
 | Primary care management Secondary Care Vestibular (HUTH/YORK) available through specialist routes if appropriate.  |
| * Medically unstable patients or patients with suspicion of Red Flag/Sinister features on referral
 | Appropriate medical management  |
| * Bell’s Palsy
 | Primary care management  |
| * Management of Primary Rheumatological Conditions once diagnosed including:

PMR/Fibromyalgia and/or without specific MSK problem | Primary Care management escalated where appropriate to:HUTH Rheumatology <https://www.nhs.uk/services/hospitals/services/service/defaultview.aspx?id=193822>York NHS Rheumatology https://www.yorkhospitals.nhs.uk/our-services/a-z-of-services/rheumatology/rheumatology-at-york/ |
| * Hypermobility as primary diagnosis that are asymptomatic, and/or without specific MSK problem
 | Primary care management  |
| * Children under 5
 | Humber NHS Service hnf-tr.childrensphysio@nhs.net |
| * Toe walkers or in-toeing gait as diagnosis, Developmental Coordination Disorder, Developmental Delay
 | Humber NHS Service hnf-tr.childrensphysio@nhs.netPlease note: Humber children’s service does not see toe walkers without additional issues. |
| * Persistent/Chronic Pain as primary diagnosis
 | CHCP Pain Management Service <https://www.chcpcic.org.uk/chcp-services/community-pain-management>HUTH NHS service <https://www.nhs.uk/Services/hospitals/Services/Service/DefaultView.aspx?id=195268> |
| * Temporomandibular Disorder
 | Primary care or Dentistry/Orthodontics  |
| * Long Covid Rehabilitation
 | [Humber Long COVID Triage and Assessment Service – Hull CCG](https://www.hullccg.nhs.uk/humber-long-covid/) |
| * Provision of orthotic devices, splinting or orthopaedic supports
 | ABH Steeper hnyicb-ery.alfredbeanorthotics@nhs.netLakeland Orthoticshnyicb-ery.lakelandorthoticsclinic@nhs.net |