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| **FOR PATIENTS REQUIRING:** | **REFERRAL OPTIONS FOR APPROPRIATE PATIENT MANAGEMENT** |
| * Patients requiring a home visit. * Provision of walking aid or equipment or mobility assessment as a standalone contact * Neurological conditions eg CVA, MS, PD, MND, Peripheral Neuropathy | CHCP NHS Service  <https://www.chcpcic.org.uk/chcp-services/hull-and-east-riding-community-rehabilitation>  01482247111  For urgent issues or to aid prevention of hospital admission please refer to  <https://www.chcpcic.org.uk/chcp-services/intermediate-care> |
| * Respiratory/CVS conditions eg Asthma, COPD, CCF | CHCP NHS Service  <https://www.chcpcic.org.uk/chcp-services/intermediate-care-services>  <https://www.chcpcic.org.uk/chcp-services/pulmonary-rehabilitation-east-riding>  01482247111 |
| * Falls associated with fragility and falls through poor mobility | CHCP NHS Service  <https://www.chcpcic.org.uk/chcp-services/hull-east-riding-falls-service> |
| * Urinary Incontinence and vaginal prolapse including post-natal pelvic floor issues. * Diastasis Rectus post-partum | CHCP NHS Service  <https://www.chcpcic.org.uk/chcp-services/bladder-bowel-health>  Women’s Health Physiotherapy referral needed via HUTH for Diastasis, specific pre- and post-partum issues. |
| * Chronic Fatigue Syndrome as primary diagnosis | Humber NHS Service  <https://www.humber.nhs.uk/Services/chronic-fatigue-syndrome-service-cfs.htm>  or  Yorkshire Fatigue ME/CFS Service & Yorkshire Fatigue Clinic  <https://www.chcpcic.org.uk/chcp-services/yorkshire-fatigue-me-cfs-service> |
| * Amputees of lower or upper limb | HUTH NHS Service  <https://www.hey.nhs.uk/limbunit/> |
| * Dizziness, vertigo and other vestibular conditions including balance disorders. | Primary care management  Secondary Care Vestibular (HUTH/YORK) available through specialist routes if appropriate. |
| * Medically unstable patients or patients with suspicion of Red Flag/Sinister features on referral | Appropriate medical management |
| * Bell’s Palsy | Primary care management |
| * Management of Primary Rheumatological Conditions once diagnosed including:   PMR/Fibromyalgia and/or without specific MSK problem | Primary Care management escalated where appropriate to:  HUTH Rheumatology  <https://www.nhs.uk/services/hospitals/services/service/defaultview.aspx?id=193822>  York NHS Rheumatology  https://www.yorkhospitals.nhs.uk/our-services/a-z-of-services/rheumatology/rheumatology-at-york/ |
| * Hypermobility as primary diagnosis that are asymptomatic, and/or without specific MSK problem | Primary care management |
| * Children under 5 | Humber NHS Service  [hnf-tr.childrensphysio@nhs.net](mailto:hnf-tr.childrensphysio@nhs.net) |
| * Toe walkers or in-toeing gait as diagnosis, Developmental Coordination Disorder, Developmental Delay | Humber NHS Service  [hnf-tr.childrensphysio@nhs.net](mailto:hnf-tr.childrensphysio@nhs.net)  Please note: Humber children’s service does not see toe walkers without additional issues. |
| * Persistent/Chronic Pain as primary diagnosis | CHCP Pain Management Service  <https://www.chcpcic.org.uk/chcp-services/community-pain-management>  HUTH NHS service  <https://www.nhs.uk/Services/hospitals/Services/Service/DefaultView.aspx?id=195268> |
| * Temporomandibular Disorder | Primary care or Dentistry/Orthodontics |
| * Long Covid Rehabilitation | [Humber Long COVID Triage and Assessment Service – Hull CCG](https://www.hullccg.nhs.uk/humber-long-covid/) |
| * Provision of orthotic devices, splinting or orthopaedic supports | ABH Steeper  [hnyicb-ery.alfredbeanorthotics@nhs.net](mailto:hnyicb-ery.alfredbeanorthotics@nhs.net)  Lakeland Orthotics  [hnyicb-ery.lakelandorthoticsclinic@nhs.net](mailto:hnyicb-ery.lakelandorthoticsclinic@nhs.net) |