**Hull & East Riding Nutrition & Dietetics Referral Guidance**

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| **Priority** | **New Referral** |
| **1** | **Enteral Feeding*** New adult enteral feed
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| **Malnutrition*** At severe risk of re-feeding syndrome: BMI <14kg/m2 little or no nutrition for >15 days (Red Flag Contact Referrer for further information and assess if hospital admission is appropriate)
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| **2** | **Enteral feeding*** Patients discharged from Acute Services
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|  **Malnutrition (No Intervention already commenced)*** High risk of re-feeding syndrome either **1 of the following** BMI<16 unintentional weight loss more than 15% in the 3-6 months or little or no nutrition for 10 days and low level electrolytes. Or **2 of the following** BMI <18.5kg/m2, unintentional weight loss of 10% in the last 3-6 months, very little or no nutritional intake for >5 days, history of alcohol, substance dependency or malabsorption.
* Motor Neuron’s Disease, Huntington’s Disease and Progressive Supranuclear Palsy to be seen as a priority for a home visit, **ideally within 10-14 working days of referral** as to be assessed for enteral tube feeding.
* Oncology patients
* Food First Initiative instigated resulting in a dietetic referral.
* Pressure sores Grade 2 or above
* Swallowing difficulties
* Disordered eating (patients with an eating disorder with a Hull GP should be referred to **Evolve** from their GP and patients who have an eating disorder who have an East Riding GP must be **under the mental health team** before their referral is accepted by the East Riding Eating Disorders service).
* (Patients with **active** Inflammatory Bowel Disease (IBD) are seen by the **Gastroenterology Dietitians** at Hull Royal Infirmary and the referral should be sent back to the referrer).
* (Patients who are having **active** dialysis or are for renal transplant are seen by the **Specialist Renal Dietitians** at Hull Royal Infirmary and the referral should be sent back to the referrer).
* Breastfeeding mothers who need advice on allergen avoidance
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|  | **Paediatrics*** BMI on or below 2nd centile
* Weight on or below the 2nd centile
* Weight 2 or more centiles below height
* a fall across 2 or more weight centile spaces,
* Severe feeding difficulties (not selective eating)- poor latching, refusing bottle feeds in infants, poor oral intake in children due to dysphagia, managing less than 60-80% of EAR, at risk of dehydration **To be assessed within 5-10 working days of referral**
* Severe delayed weaning affecting growth, reliance on formula or milk.
* Newly diagnosed allergy / intolerance
* Awaiting free from weaning or allergen ladder advice
* Reflux
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| **3** | **Malnutrition*** Assessed and commenced on supplements by referrer.
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| **Coeliac*** Newly diagnosed following first line advice given at receipt of referral (please book straight onto a coeliac webinar)
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| **Diabetes*** No newly diagnosed Diabetes are seen by our service, refer to Brocklehurst Diabetes Dietitians.
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| **Paediatrics*** Selective eating
* Referral from acute dietitians with appropriate nutrition plan already in place
* Nutritional deficiencies e.g. iron deficiency anaemia
* Constipation
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| **4** | **Adult*** Weight management (Patients with a Hull GP and a BMI> 40 or a BMI>35 with one co-morbidity should be referred by their GP to the Tier 3 Weight Wise Service)
* Hyperlipidaemia
* Irritable Bowel Syndrome (IBS)
* Constipation
* Diverticular Disease
* Hypertension
* Impaired Glucose Intolerance (IGT)
* Breastfeeding mothers with diet inadequacy.
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| **Paediatric*** Weight management for those not accepted by weight wise- under school age, BMI under 98th centile.
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| **Priority** | **Follow up** |
| **2** | **Enteral feeding*** All Enteral Feeding
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| **Adults****Malnutrition** * BMI <16kg/M2
* Oncology patients
* All neurology patients
* Swallowing difficulties/dysphagia including stroke
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|  | **Paediatrics*** BMI on or below 2nd centile
* Weight on or below the 2nd centile
* Weight is 2 or more centiles from height
* a fall across 2 or more weight centile spaces
* Infant with a suspected food allergy
* Infant needing free from weaning advice
* A child needing advice on starting allergen ladder
* Multiple allergies and restricted diet,
* Infant/child with feeding difficulties- swallowing/texture aversion/reflux
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| **3** | **Adults****Malnutrition*** All other malnutrition unless listed about
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| **Coeliac*** Follow up
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| **Diabetes*** Non ambulatory patients
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| **Paediatrics*** fussy/selective eating,
* iron deficiency,
* constipation,
* child with allergy who has had advice on starting allergen ladders.
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| **4** | **Adult*** Weight management
* Hyperlipidaemia
* Irritable Bowel Syndrome (IBS)
* Constipation
* Diverticular Disease
* Hypertension
* Impaired Glucose Intolerance (IGT)
 |
| **Paediatric*** Weight management for those not accepted by weight wise- under school age, BMI under 98th centile.
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