**CHCP HULL & EAST RIDING FRACTURE LIAISON SERVICE – GUIDANCE FOR REFERRERS**

**This guidance is intended for clinicians referring into the Hull & East Riding Fracture Liaison Service for patients:**

* With a new fragility fracture
* Aged 50 years and over
* Registered with a Hull or East Riding GP

**Please note, referrals that do not meet referral criteria or do not describe the reason for referral will be rejected.**

**Inclusion and Exclusion criteria are listed within this document.**

1. **Introduction**

**The Hull and East Riding Fracture Liaison Service is a bone health assessment service that aims to:**

* Identification and diagnose of Osteoporosis
* Links with other healthcare professionals and makes onward referrals to – Metabolic bone, GP’s, Hip fracture nurse, Royal Osteoporosis Society
* Initiation on bone protection therapy
* 4- and 12-month reviews
* The Hull and East Riding Fracture Liaison service operates Monday- Friday 08:00 – 16:30

**2) Referral Process and Criteria**

Referral is only available for patients aged 50 years and over with a Hull or ER GP.

**Criteria**

* With a new fragility fracture
* Aged 50 years and over
* Registered with a Hull or East Riding GP

**Consideration of Red Flags**

* The FLS is not a primary prevention service and can only see people that have fractured
* Any immediate medical support for new fractures, refer to UTC/Fracture clinic/ED
* For parenteral treatment advice and support refer to Metabolic Bone Team at Hull Royal Infirmary

**Consideration for Inappropriate Referrals**

If a patient is at high risk of osteoporosis/fracture but has not fractured advice and guidance should be obtained from the metabolic bone team at Hull royal Infirmary.

**Information to Include in the Referral**

A Fracture Liaison referral should contain enough relevant information to enable us to make a triage decision as to how the patient is best managed, without us needing to examine their medical records, or return the referral to you requesting further information. The following details should always be included where able:

* Contact details
* Current medications (including bone health medications)
* Any requested or resulted investigation for bone health (Bloods, DEXA)
* Reason for referral

**Referral Option Routes**

* Patients can self-refer by telephone to the Care Co-Ordination Hub - 01482 247111
* Referral form emailed to Care Co-Ordination Hub - [chcp.247111@nhs.net](mailto:chcp.247111@nhs.net)
* SystmOne to SystmOne referral for internal CHCP services

**Triage Criteria**

Patients that are referred to the fracture liaison service will be triaged within 4 weeks.

**Important Information**

The Fracture Liaison Service is not a primary prevention service and will not currently see patients that are high risk for osteoporosis without fracture.

**Exclusion Criteria and options for alternative services**

* For pain – GP review
* For concerns with casts – Refer to fracture clinic
* For physiotherapy following fracture - Refer to community physio service

**Exclusions:**

* Under 50 years of age
* No fracture

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| **FOR PATIENTS REQUIRING:** | **REFERRAL OPTIONS FOR APPROPRIATE PATIENT MANAGEMENT** |
| Support after 12 months of starting treatment | GP to support |
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